

Class - IX

NOTE: Cold Calling will be done in all the Regular Periods.

Subject – English

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
(2 nd December) Monday – (6 th December) Friday	CHAPTER The Beggar	Introduction The teacher will start by introducing the theme of	Teaching Methodology Discussion	Reflection 1. NCERT Textbook	Demonstration of the acquired skills Value-Based	Application of the learning by students Creative Project	Homework Higher Order Thinking Question
Value of the week: Compassion and second chances	THE BECCAR	transformation and second chances. They'll ask students to think of a time when someone believed in them or helped them through a difficult situation. This will prompt students to connect with the idea of compassion and how small acts of kindness can make a big difference in someone's life. Discussion Questions: 1.how can kindness and compassion change a	The teacher will read aloud selected excerpts focusing on the interactions between Sergei, Olga, and Lushkoff. The teacher will use expressive voice modulation to highlight the emotions in Lushkoff's struggle and transformation. The students could role-play the parts of	 question answers 2. Reference to Context including MCQs 3. Value Based questions 	Question What does the story of Lushkoff teach us about kindness and second chances? How do such actions influence society at large?	Students will make a "Kindness Tree" in groups, where each branch represents an act of kindness they believe could make a difference in someone's life. They will add leaves with words or phrases that describe the effect of that act of kindness.	In what ways do you think Olga's kindness affected Lushkoff's life beyond his career? How does this story encourage us to help others without expecting anything in return?
		person's life? 2.why might someone pretend to be something	Sergei, Olga, and Lushkoff to				Question Wall

		they are not? (For example, why would someone pretend to be helpless?) Learning Objective: The students will be able to 1.understand the human struggle for dignity and empathy, core themes of "The Beggar." 2. examine the role of social class and poverty. 3. identify the significance of self-worth and redemption.	experience the story firsthand.				
(9 th December)	Poem	Introduction	Teaching Methodology	Reflection	Demonstration of the	Application of the	Homework
(13 th December)	If I were you!	The teacher will start	methodology		acquireu skiiis	learning by students	
Friday		discussing the idea of	The teacher will read	1. Textbook	Students will create a safety plan outlining	Value Based	Higher Order
Value of the week:	If I Were You	deception. They'll ask	story, using voice	question answers	steps to stay calm and	Questions	
	By Douglas james	students, "What would	modulation to convey	2. Reference to	think clearly in	How does Gerrard's	
Presence of Mind and		steal your identity?" or	suspense and Gerrard's clever	MCOs	challenging situations, such as getting lost or	cleverness prevent a dangerous situation?	How does Gerrard's cleverness inspire
Courage		"How would you handle a	responses.	mode	facing a tough problem	How can we develop	us to handle tough
		dangerous situation if you		3. Value Based	at school.	the presence of mind in	situations with a
		help students think about		questions		our lives?	Describe a time
Presence		the importance of					when quick thinking
of Mind		presence of mind and the courage to face				RESTLIENCE	or calmness helped
		unexpected threats.	1. JEwis			is the ability	else.
		Discussion Questions				to find the inner	FRAM.
		intruder wanted to steal				back from a	KEY .
		Gerrard's identity?				SET-BACK OR CHALLENGE	LEE ST
		you were in a similar					
		situation?					

		3.why is it important to stay calm and use quick thinking in moments of crisis? Learning Outcomes The students will be able to 1.explore the themes of quick thinking, deception, and self-defense, understanding how Gerrard's presence of mind and cleverness help him to outsmart the intruder.					
(16 th December) Monday –	Poem 8 - A Slumber Did My	Introduction	Teaching Methodology	Reflection	Demonstration of the acquired skills	Application of the learning by students	Homework
(18 th December) Wednesday Value of the	Spirit Seal	The teacher will begin by asking students about their personal experiences with sleep.	The teacher will read the poem aloud, emphasizing the imagery and metaphors related to	 Textbook question answers Reference to Context including 	Creative Writing Exercise: Students will write a	Value Based Questions Discuss how sleep is not just a physical	Higher Order Thinking Question The poet uses the concept of a peaceful sleep to
week: Peace and Rejuvenation	a slumber fid my sprit stal	you wake up from a deep sleep?" 2. "Do you think sleep has the ability to heal or refresh your mind and spirit? Why or why not?"	sleep and nature, guiding students to appreciate how these elements symbolize restorative and spiritual experiences	MCQs 3. Value Based questions	sleep affects their own emotional state and whether they believe nature plays a role in rejuvenating them during root	need, but a spiritual and emotional one, promoting peace and balance in our lives.	represent spiritual peace. Do you think inner peace can be achieved through other means?
		This will encourage students to reflect on their own experiences with sleep and set the tone for understanding the poem's themes of emotional and	Through careful pacing and tone, the teacher will highlight sensory language, such as descriptions of sounds, colors, and textures, to	EXERCISE			different ways people can find peace and rejuvenation in their lives."
		Spiritual rejuvenation.	understanding of how sleep is portrayed as				

		Students will be able to 1.explore how sleep is portrayed in the poem as a restorative and spiritual experience, and understand the poet's view of nature as a catalyst for inner peace and healing. 2. analyze the symbolic representation of sleep 3. Investigate the use of imagery and language in the poem 4. understand the concept of harmony with nature. 5. discuss the psychological and emotional dimensions of sleep 6. interpret the role of sleep in the context of life cycles.	a sanctuary and nature as a source of healing. Pausing at key moments, the teacher will encourage students to reflect on the significance of metaphors like "restful slumber" or "whispers of the wind," fostering discussion about the connection between sleep, inner peace, and the natural world				
(19 th December) Thursday – (20 th December) Friday Value of the week: Effective Communication	Complaint Letter	Introduction The teacher will begin by discussing the importance of addressing problems through clear and polite communication, particularly in formal situations like writing a complaint letter. The teacher will emphasize how complaint letters can be an effective tool for resolving issues, whether related to	Teaching Methodology The teacher will provide the format and structure of a formal complaint letter and discuss the necessary elements like addressing the issue politely, stating the problem, suggesting a solution, and using appropriate language.	Reflection The teacher will share well-written complaint letters and analyze their components to highlight the appropriate structure, tone, and content.	Demonstration of the acquired skills	Application of the learning by students Value Based Questions How can clear, respectful, and professional communication in complaint letters lead to better customer service and problem resolution?	Homework Higher Order Thinking Question Write a formal complaint letter to a company complaining about a defective product you purchased. Include the product name, the issue with the product, any relevant order or invoice numbers, and suggest a

		products, services, or experiences. Discussion Questions 1.why is it important to communicate politely and respectfully in a complaint letter? 2.what are the key elements of a well-written complaint letter? 3.how can tone and language influence the effectiveness of a complaint letter? Learning Outcomes The students will be able to: 1.understand the standard format and structure of a formal complaint letter, including the date, salutation, body, and closing. 2.learn to clearly state the nature of the complaint, the desired resolution, and any relevant details (e.g., dates, order numbers, etc.). 3.recognize the importance of maintaining a professional tone even when expressing	FORMAT		Mock Scenario: Students will simulate a scenario where they need to write and respond to a complaint letter. For example, they could write a complaint letter to a company about a defective product or a missed service. They must clearly state the issue, the expected resolution, and use the proper format.	VALUE BASED QUESTION	resolution (e.g., replacement or refund). Make sure the letter is professional and follows the correct format.
		when expressing					
(23 rd December)	Conjunctions	Introduction	Teaching	Reflection	Demonstration of the	Application of the	Homework
Monday –	-		Methodology		acquired skills	learning by students	
(31 st December)		The teacher will begin by	The treater "		Malua Daga d	Wash Orden This is	Visual Art
Tuesday		explaining that	I ne teacher will	worksheet will be	Value Based	High Order Thinking	Mrite five
Value of the		that connect sentences	explain the three	given and solved In	Questions		sentences each
		inat connect sentences,		UI033.			Sentences, Edun

week:	Conjunctions Accuration is a vest that this atter wash phones or closes together	phrases, or clauses. The teacher will emphasize	main types of conjunctions:		How can using	Students will write a short paragraph or	using a different type of conjunction
Coherence and Clarity		the importance of using conjunctions to make	•Coordinating Conjunctions (for,	EXERCISE	conjunctions improve communication by	story using different types of conjunctions.	(coordinating, subordinating,
CLARITY		coherent and fluid.	and, nor, but, or, yet, so) •Subordinating Conjunctions	-	making our ideas flow more clearly and logically?	work in pairs or small groups to discuss how conjunctions improved	sure your sentences are clear and convey a
Holidays: Christmas December 25, 2024 (Wednesday)		Discussion Questions 1. What happens when we connect two ideas without using conjunctions? How does it sound? 2. Can you think of some examples of words that help connect sentences and ideas together? Learning Outcomes Students will be able to 1. understand the role of conjunctions in linking words, phrases, and clauses. 2 identify and use different	(because, although, while, if, since, unless) •Correlative Conjunctions (eitheror, neitheror, not onlybut also)		With the state of	the flow and coherence of their writing.	complete idea."

Subject – Mathematics

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
(2 nd December) Monday – (31 st December) Tuesday	Chapter 9 Circles	Introduction → A circle is a closed two-dimensional figure in which the set of all the points in the plane is	Teaching Methodology The properties of circles Will be demonstrated. How a line bisects and is perpendicular to a chord, and how	Reflection Ex - 9.1 Ex - 9.2 Ex - 9.3 Together with	Demonstration of the acquired skills Real life Application ➤ Circles are often used in the design of athletic tracks, recreational parks, building plans, roundabouts, Ferris	Application of the learning by students Entire chapter in one shot https://www.youtube.com/watch ?v=mCWjZ5q58u8	Homework Tips and tricks https://www.youtube. com/watch?v=ZypE0 xBOcL4 Assignment Booklet





Su	biect – Social S	A chord of a circle is equal to the radius of the circle. Find the angle subtended by the chord at a point on the minor arc and also at a point on the major arc.		gra cor cor 3D	Circles are used in aphics to rotate items on mputer screens and nvert 2D concepts into prepresentations.		
Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
(2 nd December) Monday – (31 st December) Tuesday HOLIDAYS 25 December Christmas (Wednesday) Value of the week Value of the week Beyond human utility, all lifeforms have value attached to them.	<u>Geography</u> Ch-5 Natural Vegetation and Wildlife	Introduction The teacher will start by explaining the importance of natural vegetation and wildlife along with highlighting their interconnectedness. Learning outcomes- The students will be able to: →understand the importance of vegetation and wildlife →understand how these are essential to create a balance on earthly life. Discussion question- The following questions would be taken up for discussion: →What are the different types of forests along with their	Teaching Methodology Audio Visual The teacher will start the lesson with an interactive PPT. This will include images of different types of flora and fauna around the globe. Digital Integration Nature documentaries, videos, or interactive digital resources to showcase ecosystems in action. This visual approach can make the material more engaging and relatable. Art Integration The students will paste pictures of vegetation types and the classification of different	Reflection → MCQ's →Short Q/Ans →Long Q/Ans →Case study based Questions →Picture based questions	Demonstration of the Acquired Skills Map work The students will mark the regions in India where different types of vegetation (forests) such as Tropical Evergreen, Mangrove Forests are located. They will also mark wildlife sanctuaries, bird sanctuaries and various national parks of India on a physical map.	Application of the learning by students Research work The students will go through official government websites in order to find out which species of vegetation and wildlife are considered to be nearly extinct. The students will also find out various government initiatives for conservation of these species.	Homework The students will collect images of flora and fauna which are in the newspaper for this whole month.

Holidays: Christmas 25 th December (Wednesday)	properties? →Which climatic zones are habitat to different species of wildlife?	forests along with the wildlife there in the scrapbook with explanation.				
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Subject -Computer Application

Day and Date	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2 nd December (Monday) —31 th December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the month Student will learn about MS Excel in detail.	Chapter 11- MS Excel 2010: A Spreadsheet Tool Introduction Components of MS Excel 2010 window Using MS Excel 2010 Editing a Worksheet Formatting Data in a worksheet Creating Series/Autofill Formulas in MS Excel 2010 Cell Reference Functions in MS Excel 2010 Function Library AutoSum Feature in MS Excel 2010 Embedding Charts in a worksheet Inserting tables in a worksheet Printing Worksheets in MS Excel	Introduction: Microsoft Excel is a powerful spreadsheet software widely used for data management, analysis, and calculations. It allows users to organize data in rows and columns, making it easy to sort, filter, and manipulate information. With Excel, you can perform complex mathematical calculations using formulas and functions, making it ideal for financial analysis, budgeting, and data tracking. The software also includes tools for creating charts and graphs, helping to visualize data for easier interpretation. Excel supports data formatting, allowing customization of cell	Teaching Methodology Explanation & Discussion Detailed discussion of Ms-Excel & shortcut keys will be done in the class to learn the concept theoretically. Brainstorming Questions asked in class related to the topic to enhance teaching & learning. Demonstration Will Demonstrate all components of MS Excel, format data, formulas, functions & chart & table	Reflection Course Book • MCQs • Case Based Questions. • Back Exercises • Application oriented • Lab time • Short & long Questions Practical Learning Ques. Create a worksheet in MS Excel 2010 add five columns of subjects with student name and format it as per the directions given below. a) insert a new column 'IT' after 'English' and enter	 Demonstration of the Acquired Skills: Students can create a grade book in Excel to track their scores across various subjects and assignments. They can calculate averages, and Excel functions can help them understand their academic performance over time. Excel can be used to track attendance, which helps in understanding attendance patterns and even calculating attendance percentages. 	Application of the learning by students https://www.youtube .com/watch?v=Icxx9 IleXDo Above link is related to the explanation of basics of excel https://www.youtube .com/watch?v=iTRR _YsR1ec Link is related to the entering formulas in a worksheet.	Homework 1. Imagine you are organizing a fundraising event for your school. You have been asked to keep track of the funds raised by different classes over the course of one month. Here's what you need to do in Excel: Create a Table to track the following details: Class Name (e.g., Class IX-A, IX-B, etc.) Number of Students in Each Class Amount Raised Per Student (in ₹)

	readability and presentation.	using projector	student. b) Set the font of the heading 'Marksheet' to Calibri. c) Set the font size of the heading to 20pt. d) Set the colour of heading to red.	 manage a simple personal budget to track expenses and savings. They can learn financial responsibility by planning pocket money, school expenses, and savings for future purchases. Creating a study schedule helps students manage their time effectively by organizing study hours, extracurricular activities, and breaks. They can color-code subjects for quick visualization. 		Raised by Each ClassCalculate:Use a formula to calculate the Total Amount Raised by Each Class by multiplying the number of students by the amount raised per student.Calculate the Grand Total of all funds raised by adding up the total amounts for each class.Visual Representation:Create a bar chart to display the total amount raised by each class, allowing you to quickly identify which class
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Subject - Artificial Intelligence

2 nd December (Monday) -31 nd December (Tuesday) PART_B Chapter 6 introduction to Python Introduction to Python Introduction Chapter 6 introduction to Python Introduction Python is a powerful programming languaget and commands. Taaching Methodology Reflection Demonstration of the Acquired Skills Application of the learning by students Homework Interaction with introduction to Python Molidays: Christmas 25 ^m December (Wednesday) Topic Point Point Topic Students will be able to: Students will be able to: No.Cos Case-Based questions Case-Discussion Comwatch?v=ESD-3 Cuestons Case-Discussion Case-Discussion Case-Discussion Case-Discussion Point comwas coding, and coding, and coding an python	Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
transportation and energy usage. transportation and display the percentage of ea expense category	Date and Day 2 nd December (Monday) -31 st December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the week- Curiosity and Problem-Solving introduction to Python	Topics PART - B Chapter 6 Introduction to Python Image: Complete in Python > Poython > Python Tokens > Data Type in Python > Expressions in Python > Python Comments	E (Energize Learners) Introduction Python is a powerful programming language! In this lesson, we will learn how to write simple Python programs and commands. Learning Outcomes: Students will be able to: > understand what Python is and why it is used in programming. > learn basic Python syntax, including variables, data types, and print statements. > write simple Python programs to perform basic tasks like arithmetic operations and text output.	N (Navigate Content) Teaching Methodology Videos to be shown in class: https://www.youtube. com/watch?v=ESD-3 QtT7-k Lab Activity: Programming : > Write a Python program to print your name and age. Modify the program to display your favorite color. > Create a Python program that takes two numbers as input and displays their sum, difference, and product.	G (Generate Meaning) Reflection Problem Solving Approach • MCQs • Case-Based Questions • Analytical skills • Image-based questions • Back Exercises • Intext Questions • HOTS 1. How do you take user input in Python? 2. What is the purpose of the 'print()' function in Python? 3. Explain the concept of indentation in Python. Why is it important?	A (Apply to Real Life) Demonstration of the Acquired Skills Class Discussion > Discuss Python basics, variables, data types, and simple programs. Encourage students to share their experiences with coding. AUDIO AND VISUAL > https://www.yout ube.com/watch?v= GbfaNaPfeWI > https://www.yout ube.com/watch?v= 5GqBp7U1ofo	G (Gauge the Learning) Application of the learning by students > https://www.yout ube.com/watch?v= ITIXBfpnOcY Group Discussion: Python's real-life applications, advantages of coding, and challenges faced while learning programming in class. Hands-On Exploration: Engage students by creating a simple Python program that calculates the carbon footprint based on daily activities like transportation and energy usage.	E (Extend) Homework Integration with Technology > Students will learn about tools such as energy management software, waste tracking applications, and AI-based solutions that promote sustainable practices Application-Based Question Design a Python program that allows the user to enter their monthly expenses (e.g., food, transport, utilities) and calculates the total monthly expenditure. The program should also display the percentage of each expense category

CO-SCHOLASTIC

Subject - Library

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	A (Apply to Real Life)
2 nd December (Monday) -31 st December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the week- "Reading is to the mind what exercise is to the body"	Newspaper Headline Grabber	Introduction Chapter Introduction- Students will find headlines from the newspaper will be collected and studied for their grammar, presentation and viewpoints. Learning Outcomes- Students will be able to: > Increase their knowledge. > Connect their surroundings. > Enhance their vocabulary.	 Teaching Methodology The teacher will describe the value of the headline in the newspaper and how to use newspaper for enhancing general knowledge. To create interest in newspapers teacher will ask some questions like: 1. Do you like students corner in the newspaper? 2. Tell me your favourite place in newspaper. 3. What makes newspapers interesting for you? ➤ The Reading Method was almost totally focused on students reading individually and silently. It believed that this would teach students the correct form of the language, and all the subsequent knowledge they needed could be built on this structure. ➤ The student can use the newspaper as an extension of your child's textbooks. For example, you can select appropriate passages from the newspaper and give your child reading comprehension exercises. You can also teach grammar and do vocabulary-building exercises with her to help facilitate language development. 	 Demonstration of the Acquired Skills Reading skills contribute to a child's reading ability - in other words, how well they can read and understand what they're reading. There's a wide variety of reading skills that children develop and work on throughout their primary education and beyond. These skills can be placed into four main categories: decoding, fluency, vocabulary, and understanding sentences. These main reading skills make up the bulk of a child's reading ability. Overall, they aim to arm children with the skills to be able to understand the meaning of what they read. This is not only essential for their English lessons and their other school subjects, but also for all areas of life beyond their education.

Subject - Art and Craft

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	A (Apply to Real Life)
2 nd December (Monday) -31 st December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the week-	T-Shirt Designing	Introduction T-shirt designing is the process of creating visual elements and graphics to be printed or embroidered on a t-shirt. Recycled crafts- Recycled crafts involve transforming discarded materials into new, useful, and creative items, reducing waste and promoting sustainability.	Teaching Methodology The teacher will discuss the basics of design theory and principles, including the different elements and principles of design. She will discuss to use design tools like Canva to help students learn the fundamentals of digital designs. Art Integration (Material required-)	Demonstration of the Acquired Skills Students will be able to play and look for shapes and create some designs to develop their creative imagination. They will also be able to understanding of visual forms and their aesthetic functions of making prints.
"Design is the art of planning, and it is the art of making things possible."	Recycled Crafts	 Learning outcomes- Students will be able to: understand of design principles and elements. develop of original designs and concepts. understand of fabric types and printing limitations. understand of environmental impact and sustainability. develop of innovative and unique crafts. understand of texture, color, and composition. develop of fine motor skills and hand-eye coordination. conceptualize and visualize ideas. collaboration and communication. time management and project planning. 	 T-shirt designing 1. T-shirt (various colors and sizes) 2. Printing ink 3. Design reference materials 4. Measuring tape or ruler 5. Pencils, markers, or sketchbook 6. Rhinestones or other embellishments. Recycled crafts Old newspapers Cardboard tubes Glue Markers or paint Scissors Ribbons, lace, thread, Fabric scraps ,scrapbook paper Acrylic Paint and brushes Creativity 	

Subject- \	í oga			
Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 nd December (Monday) – 31 st December	 Mayurasana 	Introduction Mayurasana, or the peacock pose, is a 	Teaching Methodology	Demonstration of the Acquired Skill. After learning Mayurasana, Utkatasana,
(Tuesday)		yoga pose that involves balancing the body on the hands while extending the legs backward. The name comes from	The teacher will begin with a brief introduction to each pose, highlighting benefits, contraindications, and	Makarasana, and Bhujangasana, students will be able to demonstrate acquired skills by executing each pose with precision, balance,
Holidays: Christmas	811	the Sanskrit words Mayur (peacock) and asana (pose).	modifications. He will demonstrate each asana, emphasizing proper alignment, broothing, and appropriate He will also	and control, showcasing improved flexibility, strength, and body awareness. They will
(Wednesday)	• Utkatasana	 Otkatasana, also known as Chair Pose, is a standing yoga pose that involves bending the knees and holding a partial squat. The Sanskrit name Utkatasana translates to "powerful". 	encourage students to listen to their bodies, modify or rest when needed, and explore creative expressions of each pose.	individual needs, incorporate effective breathing techniques, and relax into each asana. Students will sequence poses seamlessly, understand benefits,
Value of the week		 Makarasana is derived from two words - 'makar' which means crocodile in Sanskrit and 'asana' (pose). Thus it is a 	Link • Mayurasana	contraindications, and safety precautions. Students' ability to create and lead short yoga sequences, participate in yoga-related
"Yoga is the journey of the self, through the self, to the self."	5	pose that resembles a crocodile. Makarasana is very beneficial for sciatica, slip disk, stress reduction, and problems affecting the waist and knees.	https://youtu.be/ASNK54226ts?si=gOOjN 0_laS3Tgclr	projects, and apply yoga principles to daily life further demonstrates their mastery of these foundational poses.
	Makarasana	 Bhujangasana, also known as Cobra Pose, is a yoga pose that involves reclining back-bending to stretch the spine, chest, and abdomen 	 bitalasana https://youtu.be/tEZhXr0FuAQ?si=XI3Y4a vqBW7vFlk1 Makarasana 	
	• Bhujangasana	Learning Outcomes Student will be able to: • improve flexibility and balance. • strengthen arms, shoulders, and back muscles.	https://youtu.be/tFReLsh9Z7Y?si=Mi7J2F CsSg2mlEOT Bhujangasana	
	87.8 87.8	 enhanced core stability and posture. increase circulation and oxygenation. reduce stress and anxiety. cultivate awareness and focus. develop body awareness and coordination. balance energy and calms the mind. 	<u>https://youtu.be/qp1jcVFbXuE?si=mBlc7</u> <u>WYuDljx-a8P</u>	
		 prepares for more advanced yoga poses. enhance self-discipline and concentration. 		

Subject- Basketball

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 nd December (Monday) –	Rebound taking in basketball	Introduction	Teaching Methodology	Demonstration of the Acquired Skills
(Monday) – 31 st December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the week The greatest match a man can win is won within.		 The students will be introduced to rebound taking in basketball and the importance of effective rebound taking in basketball will be emphasized. Learning Outcomes Student will be able to: do proper positioning and footwork for rebounding. improve strength, power, and endurance. enhance agility and quickness. understand rebounding fundamentals (stance, positioning, timing). read the ball's trajectory and opponent's movement. develop skills for tipping, tapping, and securing rebounds. 	 The teacher will explain the basketball rebound taking skills by demonstrating himself, emphasizing the correct form which is as follows: Stance and Positioning: Feet shoulder-width apart, toes pointed slightly outward. Knees slightly bent, weight evenly distributed. Back straight, core engaged. Position yourself near the basket, between opponent and board. Box-Out Technique: Contact the opponent with a forearm or shoulder. Seal opponent with body, keeping them away from board. Rebounding: Jump vertically, exploding upward. Extend arms, hands shoulder-width apart. Catch rebound with fingertips, securing ball. Protect ball with body, elbows in. 	Students will be able to demonstrate acquired skills by consistently executing proper box-out technique, securing rebounds with fingertips, and protecting the ball. They will be able to showcase improved strength, power, and endurance, explosively jumping to grab rebounds in traffic and contested situations. Students will also effectively anticipate opponent movement, adjusted positioning, and communicate with teammates to secure rebounds. Their enhanced spatial awareness, timing, and footwork enabled them to outmaneuver opponents, securing crucial rebounds in pivotal game moments. Overall, students will be able to exhibit confidence, aggressiveness, and mastery of rebounding fundamentals, translating to improved team performance and success on the court.

	Rebound taking in basketbal	
	https://youtu.be/4_L5s2w-YNo?si= Tfv_lo-tNZd	<u>Rv0j9</u>
	https://youtu.be/i6S0-ajbCF8?si=9 iwInNveiCSZ	<u>N2yb</u>

Subject- Skating

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 nd December (Monday) –	Turns Both Sides	Introduction	Teaching Methodology	Demonstration of the Acquired Skills
31 st December (Tuesday)		The students will be introduced to the turns on both sides in Skating. Turns on both sides in skating refer to the ability to execute turns on both the left and right sides of the body.	The teacher will explain the turns on both sides skills by demonstrating the steps himself, emphasizing on proper	After learning, students will be able to demonstrate acquired skills by executing smooth, controlled turns on both the left and right above approved edge control
Holidays: Christmas 25 th December (Wednesday)		while skating.	Crossover in skating https://youtu.be/8RzPxAuMFAM?si=	weight transfer, and rotation. Students will be able to transition confidently between forward and backward turns, maintaining balance and poice. They will be able to display ophaged
(meanestaby)		Student will be able to:	<u>BPc3sPfSXVDXsEq0</u> <u>https://youtu.be/QGIzTQKO9S4?si=6</u> 7SwlBczFlarzb6w	spatial awareness, navigating turns with precision and ease. Their ability to adapt turns to various skating disciplines, such as figure
Value of the week "Skating is the closest thing to flying on land."		 Imate turns on both sides (bloward and backward) with control and balance. develop edge quality, agility, and flexibility. improve overall skating technique, including posture, alignment, and movement. 		skating, hockey, or speed skating, showcases versatility and mastery. Overall, students will exhibit increased confidence, fluidity, and control, solidifying their foundation in skating and paving the way for advanced techniques.
		 enhance balance, coordination, and spatial awareness. increase speed and efficiency while turning. 		6

Subject- Cricket

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 nd December (Monday) – 31 st December (Tuesday)	Running between the wickets and ball on cone drills	Introduction The students will be introduced to the Bupping between the wickets and bell as	Teaching Methodology The teacher will explain the running	Demonstration of the Acquired Skills Students will be able to demonstrate acquired
Holidays: Christmas 25 th December (Wednesday)		Running between the wickets and ball on cone drills in cricket. Running between the wickets and ball on cone drills are two essential training exercises in cricket, focusing on improving a player's speed, agility, and ball-handling skills. Learning Outcomes	between the wickets and ball on cone drills by demonstrating the drill himself, emphasizing on proper technique for executing. Start Position: 1. Stand behind the popping crease. 2. Feet shoulder-width apart, knees slightly bent. 3. Body weight evenly distributed.	skills by exhibiting swift and agile movements between the wickets, showcasing improved acceleration, deceleration, and change-of-direction abilities. They will efficiently navigate turns, maintain balance and control, while keeping their eyes on the ball. Their ability to quickly change direction, speed, and agility enabled them to effectively simulate running between wickets, replicating game-like scenarios. Notably, students'
Value of the week		 improve acceleration and deceleration. enhance agility and change-of-direction ability. increase speed and reaction time. develop cricket-specific endurance. do effective turning and changing direction. improve footwork and agility around cones. enhance hand-eye coordination. 	 Running Technique: 1. Explosive acceleration: Push off back foot, drive forward. 2. Quick turnover: Bring front foot forward, land midfoot. 3. Maintain posture: Keep head up, shoulders relaxed. 4. Pump arms: Keep elbows bent, hands relaxed. 5. Change-of-direction: Use the inside foot to pivot. Turning Technique: 1. Approach turn: Slow down, prepare to turn. 2. Plant foot: Use the inside foot to pivot. 3. Rotate body: Keep shoulders aligned. 4. Push off: Use your back foot to accelerate. 	running times between wickets will be decreased, while their accuracy in picking up and placing the ball will be increased. They will also display confidence and fluidity in their movements.

	Running between the wickets and ball on cone drills	
	https://youtu.be/o-4Kc-ECEBE?si=jmFo 4-I-3InbVf7V	

NOTE:

Hindi, Science(Physics, Chemistry, Biology) - Recapitulation.

SUGGESTIONS FOR PARENTS:

- 1. Kindly ensure that your ward wears prescribed school uniform, I.D card, neat and tidy shoes, etc.
- 2. Please see that your ward carries books and notebooks according to the Time Table for the day.
- 3. Encourage healthy eating habits and regulate your ward's sleeping hours as at least 8 hours sleep is essential for healthy growth and development.
- 4. Expensive gadgets and articles should not be brought to school. I pods, mobile phones, expensive watches, calculators, jewellery etc. will be confiscated and disciplinary action will be taken.
- 5. In case your ward is absent, ensure that you fill the leave application record in the almanac. If the leave is more than 3 days, send the leave application the very next day and be in touch with other classmates for the work done in the class and other instructions given in the class. Also, ensure you fill the leave record in the Almanac.
- 6. Encourage your child to do self-study at home and to converse in English.
- 7. Acknowledge your ward's Almanac on a regular basis with your signature.
- 8. Continuous Assessments will take place. Make sure your ward revises the classwork.
- 9. Be in touch with the school through our website and webpage on Facebook, Instagram and Youtube with the name De Indian Public School.
- 10. Kindly ensure that your ward prepares for Cold Calling, according to the schedule.

EVENTS OF THE MONTH:

- Maths Intra/Inter Class Competition will be held on December 18, 2024.
- P.T.M will be held on December 21, 2024.
- December 25, 2024 will be an off in lieu of Christmas.
- Winter Carnival will be held on December 28, 2024.

INTRA CLASS/INTER CLASS COMPETITIONS:

Date Day		Topic	<u>Class</u>
December 18,2024	Wednesday	Tringle Fun	VI
December 18,2024	Wednesday	Camelid's Pie	VII
December 18,2024	Wednesday	Comic Mania	VIII
December 18,2024	Wednesday	Mathematical Rap Song	IX
December 18,2024	Wednesday	Geometry in Real Life	Х

SENTENCES OF THE MONTH: Based on Proverbs

- 1. If you are too lazy to plough, don't expect a harvest.
- 2. Even a small star shines in the darkness.
- 3. Let praise come to you, don't run after it.
- 4. The face is the index of the mind.
- 5. Money spent on the mind is never spent in vain.
- Note: 1. Parents are not allowed to take back their child on half day or short leave. If something is really important, then you are requested not to send the child to the school.
 - 2. Although the school will be strict to the given planner but there might be minor changes due to unforeseen circumstances.
 - 3. Parents must carry the Parent's I-card while coming to the school.
 - 4. Mobile phones are prohibited in the school premises.