

A Senior Secondary School, Affiliated to CBSE

#### ENGAGE PLANNER DECEMBER 24-25

# NOTE: Cold Calling will be done in all the Regular Period Subject: English

Class- VII

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2 <sup>nd</sup> December 2024 (Monday) - <b>6</b> <sup>th</sup> December 2024 (Friday)	Literature: Prose - A Day in the Country	Introduction Teacher will introduce and discuss the theme of the Chapter 'A Day in the Country' by engaging students with questions Discussion questions: • If you could spend a day in the countryside, what would you want to see or do?	Teaching Methodology The teacher will teach how nature shapes the characters' experiences and emotions, focusing on its beauty and power. Communication method of teaching will be used in class, via classroom reading and discussions.	<ul> <li>Reflection</li> <li>Back exercise</li> <li>Short Q/A</li> <li>Long Q/A</li> </ul>	Demonstration of the Acquired Skills Journal writing: Write a journal entry describing what you saw, heard, felt, and thought during your time in nature including small details, like the colors of	Application of the learning by students Life Skills Why is it important to respect nature?" or "What did Fyokla and Danilka learn from	Homework Write a short poem about a natural scene, weather phenomenon, or animal, using descriptive language
Value of the week: Compassion and Kindness		<ul> <li>What sounds, sights or smells do you associate with nature?</li> <li>Do you think spending time in nature affects our mood or thoughts? Why or why not?</li> <li>Learning outcomes-Students will be able to: <ul> <li>express his/her ideas and feelings showing mastery over language.</li> </ul> </li> <li>analyse and evaluate the dialogues in the play.</li> <li>write a blog with perfection.</li> <li>use clauses correctly.</li> <li>showcase knowledge gained by the means of comprehension and writing tasks</li> </ul>	Discussion Based Learning Teacher will show the video to explain the chapter. Video: https://youtu.be/qTt4b4gEYO M?si=Eo5PHc_IIPiB3DzN		leaves, the sounds of birds, the texture of tree bark, or the feeling of the wind.	Terenty?".Write a paragraph on a lesson you learned from the chapter.	similar to the imagery in the chapter.

9 <sup>th</sup> December 2024 (Monday) - 13 <sup>th</sup> December 2024 (Friday) Value of the week: Communication skills, clarity and precision, confidence	Grammar : Active and Passive voice ACTIVE PASSIVE	Introduction Teacher will introduce the topic with an engaging activity. "Voice Charades" Teacher will explain the concepts of active and passive voice and will divide the class into small teams. Each team receives a set of action sentences written in either active or passive voice. One member from each team picks a sentence and acts it out without speaking while their teammates guess whether the sentence is in active or passive voice. Once guessed correctly, the team must convert the sentence to the opposite voice. Learning outcomes- Students will be able to: • will demonstrate a clear understanding of the differences between active and passive voice, including their structures and functions. • able to accurately identify sentences in both active and passive voice and convert them from one form to the other. • will enhance their writing by using active voice for clarity and directness, while also understanding when passive voice may be appropriate. Introduction	Teaching Methodology Learning with real life reasoning and understanding. Teacher will explain the basic concepts of active and passive voice, highlighting how the focus shifts between the subject and the action. Discussion Based Learning Teacher will show the video and introduce tenses through an interactive session. Videos : https://youtu.be/W1_IRU6zx9 g?si=cYgXcOoWKuEMQZK-	Reflection Discussion of the exercises A, B, C and D will be done by the students.	Demonstration of the Acquired Skills Do 'workout' on page 114 and 115 on your own.	Application of the learning by students Activity "Voice Detective" Teacher will provide students with a list of sentences written in both voices, mixing correct and incorrect examples. In pairs, students will act as detectives and will identify whether each sentence is in active or passive voice. Once they've completed their investigation, each pair will create their own original sentences—one in active voice and one in passive voice—to share with the class.	Homework Do 'Talking point' on page 120 from Grammar Connect.  Homework
2024	Prose –		iousing methodology		Acquired Skills	learning by	
(Monday)	The Water	The teacher will begin with	Communication method of	Back	Studente will write e	students	Create an
- 20 <sup>th</sup> December	Woes of the Capital	discussion about the theme of the chapter 'The Water	teaching will be used in class, via classroom reading and	<ul><li>exercise</li><li>Very short</li></ul>	Students will write a short story or perform	Life skill	infographic on topics "Where
20 <sup>2</sup> December 2024	Capital	Woes of the Capital'	discussions to make them	Q/A	a skit about the	Students will be	Our Water
(Friday)	Such	·	aware on the importance of	<ul> <li>Short Q/A</li> </ul>	challenges of water	asked to divide into	Comes
	RELITS WATER WOES ALL	Discussion Questions:	water with the help of the video.	<ul> <li>Long Q/A</li> </ul>	scarcity and the importance of conservation. The story could focus on a fictional city facing	roles (government officials, environmentalists, industry representatives,	From".Student s can research statistics, facts, and figures related to

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Value of the		<ul> <li>If you were in charge of</li> </ul>	Videos : <u>.</u>		water issues and how	and citizens) and	water
week:		solving a water shortage	https://youtu.be/LDLjKIBroUA?s		the characters work to	present them with a	resources and
Sustainabilit-y		problem in a city, what would	i=dr9eFNKHK9NVNsxK		solve it.	water crisis	design an
and		you do?				scenario. They	infographic to
Conservation						must negotiate and	present their
		•Can you think of ways in				propose solutions	findings.
		which we might waste water				to manage the crisis while	
		in our daily lives? How can				balancing	
		we reduce this waste?				everyone's needs.	
		we reduce this waste :				everyone a needa.	
		•Why do you think water					
		shortages are a major					
		concern in big cities like					
		Delhi?					
		Learning outcomes-					
		Students will be able to:					
		<ul> <li>express his/her views on</li> </ul>					
		various environmental					
		issues and suggest ways					
		to solve them.					
		use his/her analytical					
		skills to deal with difficult					
		real-life situations.					
		<ul> <li>familiarise with some foreign words and aprich</li> </ul>					
		foreign words and enrich his/ her vocabulary					
		<ul> <li>spread awareness</li> </ul>					
		regarding the issues					
		affecting our planet					
23 <sup>rd</sup> December	Grammar:	Introduction	Teaching Methodology	Reflection	Demonstration of the	Application of the	Homework
2024	Direct and	Teacher will introduce the	i cacing include cogy		Acquired Skills	learning by	
(Monday)	Indirect	topic with an engaging	The teacher will use	Discussion of		students	Complete
-	Speech	activity.	comprehensive and engaging	the exercises	Do "Workout" on page		"Talking Point"
27 <sup>th</sup> December		Brainstorming Session	approach for teaching direct	A, B, C and D	no. 155 on your own.	Activity	on page 162
2024	AND	Teacher will begin by asking	and indirect speech, ensuring	will be done by		Effective	from Grammar
(Friday)	THERET	students to share what they	that students understand the	the students.	H CARLENDER DIRECT	Communication	Connect.
	Spencer	already know about direct	concepts and can apply them		AND INDIRECT SPEECH	Role-Play	
Holiday	V	and indirect speech, will give	effectively in both written and		I vel coll you	Pair up students	
25th December		them 5-10 minutes to	spoken language concepts		(Indi sali nor benarray for real day	and have one	
2024 (Madaaaday)		brainstorm. One student says	through discussion method.			student act as a	
(Wednesday) - Christmas		something in direct speech,			TT TO_	reporter and the	
- Unrisuñas		and the other converts it to	Discussion Based Learning		Contract Contract Contract	other as a famous personality or	
		indirect speech.As students	<b></b>			historical figure.	
Value of the		respond, teacher will	Teacher will show the video			The reporter asks	
week: Clarity in		conclude the activity by	through an interactive session.			questions in direct	
communi-		highlighting keywords like	Videos : https://youtu.be/yML5gg26M			speech, and the	
cation		quotes, pronouns, tense	UA?si=ZLzzv0E5BHq7tabp			student playing the	
		change, and time	$\frac{\nabla \pi i \Im - \mathcal{L} \mathcal{L} \mathcal{L} \nabla \nabla \mathcal{L} \partial \mathcal{L} \mathcal{L} \mathcal{L} \mathcal{L} \mathcal{L} \mathcal{L} \mathcal{L} \mathcal{L}$			famous figure	
		expressions.				answers. Afterward,	
		Learning outcomes-				the reporter shares	
		Students will be able to:					

		<ul> <li>distinguish between direct and indirect speech, recognizing that direct speech quotes exact words, while indirect speech paraphrases or reports what was said.</li> <li>understand the necessary changes when converting from direct to indirect speech.</li> <li>correctly apply the rules for converting sentences from direct to indirect speech.</li> </ul>				using indirect speech.	
30 <sup>th</sup> November 2024 (Monday) - 31 <sup>st</sup> November 2024 (Tuesday) Value of the week: Critical Thinking	Grammar: Idiomatic Expressions	Introduction The teacher will begin begin with a simple definition of idioms, explaining that idiomatic expressions are phrases whose meanings are not literal but figurative, meaning they convey something different from the individual words. Examples: Share some common idioms students may have heard: "It's raining cats and dogs" (meaning it's raining heavily). "Break the ice (meaning to make people feel comfortable in a new situation). Learning Outcomes Student will be able to- • understand the meaning of common idiomatic expressions in various contexts. •demonstrate the ability to use idiomatic expressions appropriately in spoken and written communication.	Teaching Methodology The teacher will involve contextual and interactive approach to ensure students understand both the meaning and usage of these phrases. The teacher will begin by introducing idiomatic expressions in real-life contexts, such as through conversations, storytelling, or authentic materials like news articles or videos. Video: https://youtu.be/a7hqQHOr9 M?si=c2FXbrkzk_Hf_dAy	Reflection Students will write reflect on how idioms make language more interesting and will discuss why idioms are challenging for language learners and how understanding idioms can improve their fluency.	Demonstration of the Acquired Skills Assign each group a scenario (e.g., a job interview, a friend's gathering) and give them a few idioms to incorporate into their dialogue. They can act out these conversations for the class.	Application of the learning by students Students will be provided with a list of idioms to create sentences that demonstrate each idiom's meaning.	Homework Do Critical Thinking on page 214 from "The Grammar Connect.

<u>Subject- H</u> दिनांक तथा दिवस	विषय/ उपविषय	शिक्षार्थी को ऊर्जावान बनाना/ संशक्तिकरण	पाठ्यसामग्री का संचालन	दीर्घकालीन स्मृति	वास्तविक जीवन अनुप्रयोग	आकलन युक्ति योजना	गतिविधियों का विस्तारीकरण
2 दिसंबर 2024 (सोमवार) 6 दिसंबर 2024 (शुक्रवार) भूल्य शिक्षा: हमें अपने रिश्तों को संभालकर रखना चाहिए और दूसरों के प्रति संवेदनशील रहना चाहिए।	<b>पाठ - 15</b> रहीम के दोहे रहीम के दोहे	परिचय/प्रस्तावना सीखने की संप्राप्ति 1. रहीम के दोहे आंतरिक विचारों और व्यवहारों पर विचार करने के लिए छात्रों को प्रेरित करेंगे। 2. छात्रों में परोपकार की भावना जागृत होगी। 3. छात्र मानवतावादी दृष्टिकोण त्यागमय, प्रेम जैसे जीवन मूल्यों को अपने जीवन में आत्मसात करने के लिए प्रेरित होंगे। पूर्वज्ञान पर आधारित प्रश्न 1.रहीमदास की विचारधारा कैसी थी? 2. सच्चा मित्र किसे कहा जा सकता है? 3. विपदा आने पर लोग उसके निवारण के लिए कहाँ जाते हैं ? प्रस्तावना छात्रों आज हम रहीमदास के महत्वपूर्ण दोहों का अध्ययन करेंगे जिनमें जीवन के लिए एक महत्वपूर्ण संदेश लिखा गया है।	शिक्षण पद्धतियाँ पठन-पाठन, व्याख्या व्याख्यान विधि के द्वारा दोहों के मूलभाव का स्पष्टीकरण कठिन शब्दों का अर्थ- निरूपण पाठ प्रवेश कबीर का जीवन परिचय	परावर्तन दृश्य-श्रव्य सामग्री वीडियो प्रस्तुतीकरण के लिए क्लिक करें <u>https://youtu.be/y8</u> <u>2dvUpXzQc</u> विषय वस्तु पर गहन चर्चा आनंदपूर्ण अधिगमः कक्षा में कबीर के दोहों का गायन	अर्जित कौशल का प्रदर्शन 1.छात्र नए शब्दों का वाक्य प्रयोग लिखित तथा मौखिक रूप से करने में समर्थ होंगे। 2. कठिन शब्दों के अर्थों को समझते हुए आम-बोलचाल में उनका प्रयोग कर पाएँगे। मानवीय संबंधों के प्रति सम्मान तथा संघर्ष के महत्व की विवेचना कर सकेंगे। दोहों का मूल्यांकन करने में सक्षम हो जाएँगे।	छात्रों द्वारा अर्जित ज्ञान का प्रयोग पाठ्यवस्तु के सार से संबंधित प्रश्न पाठ के अंत में पाठ्यवस्तु से संबंधित मूल्यांकन हेतु मूल्यांकन प्रश्न	गृहकार्य सोन चिरैया लघु तथा दीर्घ प्रश्नों की दोहराई। शब्दार्थ लिखकर याद करेंगे। रहीम के दोहों का गायन अभ्यास
9 दिसंबर 2024 (सोमवार) - 13 दिसंबर 2024 (शुक्रवार) मूल्य शिक्षा: सच्ची सहानुभूति और दया पर्ण	<b>पाठ - 16</b> बूढी काकी	परिचय/ प्रस्तावना सीखने की संप्राप्ति 1. छात्र रचनाकार के उद्देश्य को समझ सकेगें। 2. छात्रों में परोपकार की भावना जागृत होगी। 3. वृद्ध जनो के प्रति आदर की भावना का विकास होगा। 4. दूसरों के प्रति सच्ची सहानुभूति और दया पूर्ण व्यवहार व्यक्तित्व की पहचान है। छात्र इस बात से परिचित होंगे।	शिक्षण पद्धतियाँ पठन-पाठन, व्याख्या पाठ के सार/ मूलभाव का स्पष्टीकरण -संश्लेषणात्मक,विश्लेष णात्मक, अर्थ-कथन, समीक्षा और व्याख्यान विधियों के द्वारा विषय वस्तु पर गहन चर्चा	<b>परावर्तन</b> हश्य-श्रव्य सामग्री <u>https://youtu.be/u1</u> <u>o2NUYPVEM?si=</u> <u>6rBaPL3MMa1c4</u> <u>5M_</u> <u>विषय वस्तु पर गहन</u> चर्चा हॉटर्स / विशेष	अर्जित कौशल का प्रदर्शन 1.छात्र नए शब्दों का वाक्य प्रयोग लिखित तथा मौखिक रूप से करने में समर्थ होंगे। 2. कठिन शब्दों के अर्थों को	छात्रों द्वारा अर्जित ज्ञान का प्रयोग पाठ के अंत में पाठ्यवस्तु से संबंधित मूल्यांकन हेतु मूल्यांकन प्रश्न	गृहकार्य सोन चिरैया लघु तथा दीर्घ प्रश्न याद कीजिए। 'हरिहरू काका'
और दया पूर्ण व्यवहार व्यक्तित्व की पहचान है।		पूर्वज्ञान पर आधारित प्रश्न 1.बुज़ुर्गों के प्रति हमें कैसा आचरण रखना चहिए। 2. मानवता से आप क्या समझते हैं? 3. हमें कैसे लोगों के प्रति सच्ची सहानुभूति रखनी चाहिए? प्रस्तावना अध्यापिका के द्वारा यह उद्घोषणा की जाएगी कि छात्रों! आज हम लेखक 'प्रेमचंद' के द्वारा रचित कहानी ' बूढ़ी काकी' का अध्ययनकरेंगे।		संवाद आनंदपूर्ण अधिगमः 1.प्रेमचंद के अन्य कहानी ईदगाह पर रोचक बातचीत। (छात्र बाल मनोविज्ञान के भावों पर आधारित) 2. वृद्धों के साथ सहानुभूतिपूर्ण व्यव्हार करना चाहिए विषय पर कक्षा में सामूहिक चर्चा।	समझते हुएँ आम-बोलचाल में उनका प्रयोग कर पाएँगे।		कहानी का अध्ययन कीजिए।

		परिचय/	शिक्षण पद्धतियाँ		<b>-</b>	छात्रों द्वारा	
16 दिसंबर	पाठ - १६	प्रस्तावना		परावर्तन	अर्जित कौशल का प्रदर्शन	छात्रों द्वारा अर्जित ज्ञान	गृहकार्य
2024 (सोमवार) -	विराम चिह्न	<b>सीखने की संप्राप्ति</b> 1. छात्रो के व्याकुरण संबंधी ज्ञान में वृद्धि होगी।	व्याख्यान विधियों द्वारा विराम चिह्न	दृश्य-श्रव्य सामाग्री वीडियो प्रस्तुतीकरण	छात्र लिखित रूप में विराम	का अनुप्रयोग	व्याकरण
20 दिसंबर 2024		2. <b>छात्र</b> वाक्य की परिभाषा व भेदों के आधार	की परिभाषा व् भेदों पर	के लिए क्लिक करें-	चिह्नों का प्रयोग कर पाएँगे।		
(शुक्रवार)		बता सकेंगे। 3.छात्र वाक्य के उदाहरण पदकर शुद्ध व स्पष्ट	चर्चा	https://youtu.be/9r		व्यावहारिक जीवन में	विराम चिह्न की परिभाषा व भेदों
	विराम चिन्ह:	अर्थ ग्रहण कर पाएँगे।		IrqmzGjwU?si=TT		प्रभावशाली	के आधार <b>का</b> ं
शिक्षा : विराम निर्दों की प्रदर्गन		4. छात्रं स्वयं शुद्ध वाक्य की रचना कर सकेंगे।	विभिन्न उदाहरणों द्वारा चर्चा	80i9A6ML4Z8aRR		बातचीत	<b>गहन अध्ययन</b> अभ्यास कार्य
चिह्नों की पहचान व् भाषा में प्रयोग		पूर्वज्ञान पर आधारित प्रश्न	441		विराम चिह्नों के भेदों की परिभाषाएँ और उसके नियमों		पृष्ट संख्या
		1. शब्दों के सार्थिक समूह को क्या कहते हैं?		कला एकीकरण :	को समझाने में समर्थ होंगे।	मूल्यांकन हेतु	с. 
		2.वाक्य के कितने अंग हैं? 3.वाक्य के भेदों के आधार क्या हैं?	आनंदपूर्ण अधिगम :	विराम चिह्नों का		लिखित परीक्षा	
		प्रस्तावना	कक्षा में कहानी लेखन	प्रयोग करते हुए			
		भाषा में विराम चिह्नों का अत्यंत महत्त्व है आज		एक चार्ट प्रस्तुति			
		हम विराम चिह्नों का अध्ययन करेंगे।					
23 दिसंबर 2024	पाठ – 24	परिचय/ प्रस्तावना	शिक्षण पद्धतियाँ	परावर्तन	अर्जित कौशल का प्रदर्शन	छात्रों द्वारा	गृहकार्य
(सोमवार)	कहानी लेखन	सीखने की संप्राप्ति				अर्जित ज्ञान का	
31 दिसंबर 2024		1. कहानी लेखन से बच्चों को अपनी	उदाहरण विधि का प्रयोग	दृश्य-श्रव्य सामाग्री	1.विद्यार्थी मौखिक तथा लिखित	अनुप्रयोग	व्याकरण
(मंगलवार)		कल्पना और रचनात्मक सोच का प्रयोग	करते हुए अध्यापिका द्वारा	https://youtu.be/R eyUh1n2 Rs?si=	रूप में प्रभावशाली कहानी का		'जादुई कागज़'
		करने का अवसर प्राप्त होगा।	छात्रों को यह समझाया	Bgcg_z22ulES6T	प्रयोग करने में सक्षम होंगे।		विषय पर
		2. सही शब्दों का चयन, सही ढंग से वाक्य रचना	जाएगा कि कहानी लेखन	<u>UD</u>		छात्र अपनी बात	कहानी लेखन
	कहाना	और सही विराम चिह्नों का उपयोग सीखेंगे।	किसे कहते हैं?		2.विद्यार्थी अपने विचारों को	को प्रभावशाली	लिखिए।
अवकाश	लखन कस	3. अपनी पसंदीदा घटनाओं, स्थानों, और पात्रों के			प्रभावशाली व स्पष्ट रूप से	रूप से प्रस्तुत	
25 दिसंबर	कर?	बारे में अपनी सोच और दृष्टिकोण साझा कर	हिंदी		प्रस्तुत करने में संवादों का प्रयोग	करने में सक्षम	
2024		सकते हैं।	कहानी बेखन	<u>कहानी</u> के प्रमुख	कर सकेंगे।	होंगे।	
(बुधवार)		4. स्मृति और ध्यान की क्षमता में वृद्धि <b>होगी</b> ।	कहानी लेखन	तत्वों का परिचय देते			
क्रिसमस डे			🔮 सही त्रीका 🛹	हुए कहानी लिखने की			
		पूर्वज्ञान पर आधारित प्रश्न	It's Anton - Achode Thomas	कला का प्रदर्शन।			
		1. कहानी क्या होती है?					
		2. कहानी के प्रमुख तत्व कौन से हैं?	आनंदपूर्ण अधिगम :				
मूल्य शिक्षाः		3. कहानी का प्रारंभ, मध्य और अंत कैसे	कक्ष में प्रेम में परमेश्वर का				
रचनात्मक कौशल		होना चाहिए?	अभिनय।	कला एकीकरण: कक्षा			
का विकास।		4. क्या तुम्हें कभी कोई दिलचस्प कहानी		में स्वरचित कहानी			
		सुनने का या पढ़ने का अनुभव हुआ है? वह कहानी कैसी थी?		लेखन प्रतियोगिता।			
		प्रस्तावना					
		बच्चों आज हम कहानी के पात्रों, संघर्षों और					
		षय्या आज हम फहाना के पात्रा, संयंषा आर घटनाओं का अध्ययन करेंगे					
		वटनाजा का जब्ददन करन 					

Sub	iect-	Scie	nce
Oub	001-	OCICI	100

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2 <sup>nd</sup> December 2024 (Monday) 31 <sup>st</sup> December 2024 (Tuesday) Holidays: 25 <sup>th</sup> December 2024 (Wednesday)- Christmas Value of the week: Save forests, they will save you.	Chapter 12- Forests: Our Lifeline	Introduction Teacher will introduce and discuss the chapter by showing the video: https://youtu.be/GLvFLtPfbZ E?si=5VJQku3jqYFiKPAH Learning outcomes- Students will be able to: • understand the terms like canopy, biodiversity, recharging the groundwater etc. • learn about the distinct horizontal layers of a forest. • understand the importance of forests. • understand the different functions of forests. • have an insight on a case study in Orissa. Discussion question: What are the various ways in which you can save the forests?	Teaching Methodology Audio visual method Students will learn about the food chain by watching the following video. https://youtu.be/YuO4WB4 SwCg?si=4oejHNc-wu1nlk1 B Food chain: A food chain is a linear sequence of organisms through which nutrients and energy pass as one organism eats another. In a food chain, each organism occupies a different trophic level, defined by how many energy transfers separate it from the basic input of the chain. Audio visual method Students will learn about the types of forests in India by watching the following video: https://youtu.be/AHSVT6vQ 3pM Indian forests types include tropical evergreens, tropical deciduous, swamps, mangroves, sub-tropical, montane, scrub, sub-alpine and alpine forests. These forests support a variety of ecosystems with diverse flora and fauna.	Reflection  Back exercise Very short Q/A Short Q/A Long Q/A	Demonstration of the Acquired Skills Students will understand the different layers of a forest.	Application of the learning by students Students will plant a tree around their house and present some facts about the tree in class.	Homework Activity: Students will find out the number and names of endangered and vulnerable species in India and prepare a pie chart of it. Materials Required: Compass, pencil,scale, sharpner etc. Framework 2

Subject- Mathematics

Date and	Subject	E (Energize Learners)	N (Navigate Content)	G (Generate	A (Apply to Real	G (Gauge the	E (Extend)
Day				Meaning)	Life)	Learning)	
2 <sup>nd</sup>	Ch – 13	INTRODUCTION	Teaching Methodology	REFLECTION	Demonstration of	Application of the	HOMEWORK
December	Exponents and	• Exponents and powers			Acquired Skills	learning by	
2024	Powers	are a way to express	Lecture Method	COURSE BOOK		Students	NEP Aligned
(Monday)		repeated multiplication of a	Teacher will discuss	• Exercise – 13A	Art Integration		Activities
to		number by itself. They are	real-world scenarios like	• Exercise – 13B	Activity	Watch the video	<ul> <li>Integrated</li> </ul>
20 <sup>th</sup> Demeber		a fundamental concept in	bacteria doubling every	• Exercise – 13c	Students will be	through the QR	Approach
2024		mathematics, particularly in	hour, or chessboard	<ul> <li>Let's Practice</li> </ul>	asked to prepare a	Code given below	Activity 1 and
(Friday)		algebra.	squares doubling with		FORMULA sheet of	to understand the	3
		"6 raised to the power of 4"	each row or the distance f	WORKBOOK	all the exponents	basic formula to	(Page No. –
		6 raised to the power of 4	moon from Earth and	Framework 1 and 2	and powers formula	solve the	(Fage No. – 253)
		Exponent	converting the same in the	(Page No. 39 to 42)	and paste it in the	exponential	200)
Value of the		6 <sup>4</sup>	scientific notation.	(Fage No. 39 to 42)	notebooks.	equations	<ul> <li>Case Study</li> </ul>
week		Base					• Case Sludy
2222222222			Research and Interactive		Research and		(Page No. –
A D A MADDOOD		Laws of Exponent	Learning		Subject Integration		254)
		1. Product Rule	Students will be asked to		(Mathematics and		- /
1 - Caller			research and find the		Science)		
		$\mathbf{q}^{m} \times \mathbf{q}^{n} = \mathbf{q}^{m+n}$	distance of all the planets		Students will		
			of solar system from the moon and try to express it		represent the distance of all the		
		2. Quotient Rule	in the exponential		planets from the sun		
			scientific notations.		and represent the		
			scientific notations.		data in scientific		
		$\frac{\mathbf{a}^{m}}{\mathbf{a}} = \mathbf{a}^{m-n}$			notation and find the		
					least and longest		
		3. Zero Exponent Rule			distance.		
		0 1 0					
		$a^0 = 1, a \neq 0$					
		4. Power of power Rule					
		-					
		$(a^m)^n \equiv a^{mn}$					
		5. Negative Exponent Rule					
		1					
		<b>a</b> -m = —					
		am					
		Learning Outcomes:					
		By the end of the chapter, the					
		learners will be able to:					
		<ul> <li>use exponential form of</li> </ul>					
		numbers to simplify					
		problems involving basic					
		operations of large					
		numbers.					
		<ul> <li>express large numbers in</li> </ul>					
		scientific notations.					

		• express numbers in the power notations.					
23 <sup>rd</sup> December 2024 (Monday) - 31 <sup>st</sup> December 2024 (Tuesday)	Ch – 14 Symmetry	INTRODUCTION • Symmetry is an important geometrical concept, commonly exhibited in nature like flowers, animals, etc. Example – pine tree, arrangement of flower petals, leaves, butterflies, etc. • Line of Symmetry: A line	Teaching Methodology Intellectual Thinking Students will be asked to find the difference between Mirror Image and Line of Symmetry. They will be given mathematical shapes and Alphabetical letters and will be asked to draw the line of symmetry	REFLECTION COURSE BOOK • Exercise – 14A • Exercise – 14B • Let's Practice WORKBOOK Framework 1 and 2 (Page No. 83 to 86)	Demonstration of Acquired Skills Art Integration Activity Students will make Capital Alphabetical from A to Z and draw line of symmetry for each letter.	Application of the learning by Students Introduction Video Watch the video through the link given below to understand the order of rotational	Art Integration Activity Students will take mathematical shapes like square, rectangle, rhombus, equilateral triangle,
HOLIDAYS 25 <sup>th</sup> December 2024 (Wednesday) - CHRISTMAS		of symmetry is a line that divides a shape or object into two equal and symmetrical parts. It is also known as the axis of symmetry or mirror line because it divides the figure symmetrically, and the divided parts look like mirror reflections of each other.	and mirror image. Important Observations from the Activity: Is there any difference between line of symmetry and mirror image?			symmetry https://youtu.be/nt43 FJQppCQ	hexagon and circle and find its angle of rotation and order of rotation.
Value of the week		Symmetry Lines in Alphabets A H B M T W					
		<ul> <li>Learning Outcomes: By the end of the chapter, the learners will be able to:</li> <li>identify symmetry in nature.</li> <li>understand reflectional and rotational symmetry.</li> <li>Find the order and angle of rotational figures.</li> <li>Draw symmetrical figures.</li> </ul>					
		<b>Discussion Question:</b> What is the difference between reflection and rotational symmetry?					

# Subject - Social Science

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2nd December 2024 (Monday)	Chapter-8 Markets Around	Introduction	Teaching Methodology Hands-on Experience	Reflection • Back	Demonstration of the Acquired Skills	Application of the learning by students	Homework Art
10th December 2024 (Tuesday)	Us	Teacher will discuss the market. She will ask students where they go to buy groceries or any other item. Then she will introduce by defining the term- A market refers to an area or category of trade or business.	Teacher will organize a mock market i n the class showing a scene from a wholesale or retail market. Students will bring props and equipment that we usually see in the market and enact like shopkeepers and customers. It will depict the importance and promotion of sustained, inclusive and sustainable economic growth.	<ul> <li>buck</li> <li>Exercise</li> <li>Very short</li> <li>Q/A</li> <li>Short Q/A</li> <li>Long Q/A</li> <li>Workbook-</li> <li>Framework-1</li> <li>&amp; 2</li> </ul>	Analytical Skills Teacher will ask students to visit a nearby weekly market and supermarket. Compare the bill and analyze the difference and	Picture Study	Integration Make a product from the best out of waste and sell it in the market. share your experience in
Value of the Week- "Know what you own, and know why you own it"		<ul> <li>Learning Outcomes:</li> <li>Students will be able to:</li> <li>understand the meaning and importance of markets.</li> <li>identify different types of markets.</li> <li>understand the factors affecting people's access to markets.</li> <li>understand the concept of markets and equality.</li> <li>Discussion Question:</li> <li>How is market and economy related?</li> </ul>	Explanation and Discussion Teacher will explain and discuss types of markets and students will give their examples of daily life.		similarity between both.	<ul> <li>a) What type of market is shown in the picture?</li> <li>b) What goods are sold in this type of market?</li> <li>c)How are they different from the malls?</li> </ul>	the class.

11 December	Civics	Introduction	Teaching Methodology	Reflection	Demonstration of	Application of	Homework
2024	Ch-7		0 07		the Acquired Skills	the learning	
(Wednesday)		The teacher will start	Critical Thinking and Reflection	$\rightarrow$ MCQ's		by students	
-	Gender	the lesson with					The students
20 December	Discrimination	providing the basic	The teacher will use guided questions	→Short Q/Ans	Digital Integration		will present
2024 (Friday)		understanding of	and activities that promote critical			Beccareb and	examples from modia
HOLIDAYS		gender discrimination in the context of	thinking about gender roles, stereotypes, and discrimination. Critical thinking	→Long Q/Ans	The students will	Research and analysis	from media, history, or
25th December		Indian society.	encourages children to analyse situations	→Case study	collect information	allalysis	their personal
2024		indian cooloty.	from multiple perspectives, fostering an	based	on any two famous		lives where
(Wednesday) -		Learning outcomes-	understanding of the larger societal	Questions	women personalities	The students	gender roles
Christmas		The students will be	forces behind gender discrimination.		of India who	will make a list	are either
		able to:		→Picture	achieved success	of the Women	reinforced or
			Art Integration	based	despite facing great	Empowerment	challenged,
Value of the week		→be familiar with	Otudente will nuenene e cellene efference	questions	odds in life and	Schemes	and ask
Value of the week		gender and gender discrimination.	Students will prepare a collage of famous historic and contemporary personalities		make a PowerPoint presentation.	launched by	children to reflect on
			who has contributed for upliftment of		presentation.	the	how these
		→strive for	women.			government in	examples
		unpacking gender in				order to uplift	make them
GENELEY COULTY		social aspects.				the social and	feel.
						economic	
Understanding		→gain knowledge				status of	
how others feel is		about women				women in	
key to treating		movements and their				India. They will	
them with		outcomes.				find out about	
kindness and		Discussion				the	
respect.		question-				implementatio n of these	
						schemes.	
		The following				schemes.	
		questions would be					
		taken up for					
		discussion:					
		$\rightarrow$ What is meant by					
		glass ceiling and its					
		types?					
		→What are different					
		constitutional					
		provisions for gender					
		equality?					
		ing a new production					
		ROLE OF INDIA					
		SYSTEM IN PRO					
		GENDER EQUALIT					
	I			1	I	1	

23rd December	History	Introduction	Teaching Methodology	Reflection → MCQ's	Demonstration of the acquired skills	Application of learning by	Homework
2024 (Monday)		The teacher will		$\rightarrow$ Short Q/Ans	the acquired skins	the students	
	Ch-7	introduce the lesson	Visual				
31st December		with a short film		→Long Q/Ans	Role play	TIMELINE	
(Tuesday)	Tribal Society	based on tribal		C C			The students
	in Medieval	societies of India.	The teacher will use images from the	→Case study	The students will	The students	will write a
	Period		textbook along with physical map of India	based	take up roles of	will trace	brief essay
25th December		Learning Outcomes	to provide a mind map for understanding	Questions	different tribal	different tribal	about the
2024			tribal communities of India in Medieval	Disture	community leaders	groups, their	measures
(Wednesday) - Christmas		The students will be	period.	→Picture	and will elaborate	location and	taken by the
ShiriStillas		The students will be		based	about their issues, beliefs and available	compare that	Governmen
		able to –→explain		questions		with their	of India to
Value of the week		how varna system			resources.	locations and	improve the
		transformed into rigid				geographical	status of
		caste system.				extent in	tribal
En the (Se)			and the second			contemporary	communitie
AN STARLAN (SS)		→name the different	Jon Stand			framework of	in our
TRIBAL ART		tribal groups	Bhill Brite M			time.	country.
1 CAL STREET		prevalent during the	Strange of the Common				
		medieval period.	effina Santhat		TESPERAL A		
		$\rightarrow$ understand the rise	Enonchild and sau				
		and fall of the tribal	Brodia r				
		groups in Indian	Chakmas Jarawa				
Our heritage		society.					
needs			Jarawa G				
conservation so		Discussion					
that the future		question-	Art Integration				
generation can		The following					
carry it forward.		questions would be	The students will collect photographs of				
sarry it forward.		taken up for	different tribes of India and paste them				
		discussion:	on a chart.				
		$\rightarrow$ What was the					
		nature of interaction					
		between tribal groups					
		and Indian society.					
		→What are					
		→what are prominent features of					
		various tribal					
		societies of India?					
				1	1	1	

#### Subject- Sanskrit

दिनांक: दिवस: च	विषय उपविषय च	सशक्तिकरणम्	पाठ्यसामग्रया	दीर्घकालिक स्मृति:	अर्जित ज्ञान कौशलम्	आकल्नम् युक्ति	्गतिविधिनाम
			संचालनम्			योजना	विस्तारीकरणम्
दिवस: दिवस: च	प्रकरणम्	प्रस्तावना	शिक्षण पद्धति:	परावर्तनम्	प्रदर्शनम्	मूल्यांकनम्	गृहकार्यम्
2मार्गशीर्ष मासेन (इन्द्रवार:)	त्रयोदश: पाठ:	https://youtu.be/RbelAlhU7ag?si =Wb57_tX4o_tWoWd2	दृश्य- श्रव्य सामग्री सहायतया पाठं	छात्राःसंस्कृतभाषेसु वार्तालापं कर्तुं समर्थाः	छात्राः स्वजीवने परिश्रमं महता ज्ञातुं प्रयत्नेन		'उद्यमेन हि सिध्यन्ति कार्याणि' कथा आधारे

6मार्गशीर्ष मास (शुक्रवासर) मूल्य शिक्षा: छात्रेषु परिश्रमं भावनां विकासः प्रयत्नं कुर्वन्	उद्यमेन हि सिध्यन्ति कार्याणि	अस्मिन् पाठे शिक्षिका छात्रान् दृश्य- श्रव्य सामग्री सहायतया पाठं विस्तारपूर्वक कारयिष्यति। तत: मौखिक प्रश्नाः पृच्छस्यति। चर्चात्मक तथ्य: जीवने किम् आवश्यकम् अस्ति ? विना परिश्रमं जीवन कथम् भवति? अस्माकं जीवने किम् उद्देशः भवतु?	विस्तारपूर्वक कारयिष्यति। मौखिकभाषे प्रश्नाः पृच्छस्ति। पाठ्यपुस्तक अभ्यासेन छात्रान संस्कृतभाषेसु अधिक जानकारी उपलब्धाः भविष्यन्ति।	भविष्यन्ति। ते नवीन शब्दानाम् ज्ञातुं शक्नुवन्ति। ते नवीन धातु, सन्धि, प्रत्यय ज्ञातुं शक्नुवन्ति।	करिष्यन्ति। तस्मिन् संस्कृतभाषेसु रुचिः उत्पन्नम भविष्यन्ति।	निम्नलिखित प्रश्नानाम् उत्तराणि संस्कृतेन लिखत– अस्माकं जीवने परिश्रमं किम् महता अस्ति? उद्यमेन किम् भवति? यूयम् कानि कार्यं कर्तुं उद्यमाः कुर्वन्ति?	एक: अन्य कथा: लिखत
दिनांकः दिवसः च 9 मार्गशीर्ष मासेन (इन्दूवासरः) 13 मार्गशीर्ष मास (शुक्रवासरः) मूल्य शिक्षाः छात्रेषु नैतिक मूल्यानाम विकासः कुर्वन्	प्रकरणम् चतुर्दशः पाठः लक्ष्य निर्धारणस्य महत्वम् परिशिष्टः शब्दरूप मातृ, साधु लिर्धारणः सफलता की सीढी	प्रस्तावना https://youtu.be/N0kpDZKzO6g? si=H8NKr5RCW8xgrvfG अस्मिन् पाठे शिक्षिका छात्रान् दृश्य- श्रव्य सामग्री दृष्ट्वा शिक्षिका छात्रान् पाठम विस्तारपूर्वक कारयिष्यति। ततः सा छात्रान् पाठं आधारितः प्रश्नाः पृच्छस्यति। चर्चात्मक तथ्य: विना लक्ष्य निर्धारणस्य जीवन: कथम् भवति? वयम् जीवने किम् निर्धारितः कुर्याम? वयम् स्वलक्ष्यं प्राप्तुं किम् कुर्याम। ?	शिक्षण पद्धतिः हृश्य सामग्री सहायतया पाठं विस्तारपूर्वक कारयिष्यति। पाठं ओर अधिकः विस्तारपूर्वक कर्तुं पाठं अभ्यासः कारयिष्यति।	परावर्तनम् छात्रेषु संस्कृतभाषेसु रुचिः उत्पन्नम् भविष्यन्ति। तस्मिन् शब्दकोशेषु वृद्धिः भविष्यन्ति। ते सन्धिः, प्रत्यय ज्ञातुं शक्नुवन्ति।	प्रदर्शनम् अस्मिन पाठे सहायतयाते जीवने लक्ष्यं निर्धारितम समर्थाः भविष्यन्ति। तस्मिन संस्कृतभाषेसु रुचिः उत्पन्नम् भविष्यन्ति।	मूल्यांकनम् निम्नलिखित प्रश्नानाम् उत्तराणि लिखत। इदं पाठेन वयम किम् शिक्षा: प्राप्त: भवति? वयम् निज जीवने किम् न कुर्याम् ?	<b>गृहकार्यम्</b> 'गुरुभक्त: एकलव्यः' इदं विषये संस्कृते पञ्च: वाक्यं लिखत
दिनांक: दिवस: च 16 मार्गशीर्ष मासेन (इन्दूवासर:) 20 मार्गशीर्ष मास ( शुक्रवासर: ) मूल्य शिक्षा: छात्रेषु संस्कृतभाषेसु रुचिः उत्पन्नम् कुर्वन्	प्रकरणम् व्याकरण भाग द्वितीयः पाठ: सन्धि: परिशिष्ट: सूक्तयः (9-16)	प्रस्तावना https://youtu.be/JWwuX4v6l MQ?feature=shared अस्मिन् पाठे शिक्षिका छात्रान् संस्कृतभाषेसु सन्धि:, सूक्तयः च कारयिष्यति। सा प्राक् छात्रान् पूर्व ज्ञानं आधारितः प्रश्नाः पृच्छस्यति। ततः सा इदं पाठं विस्तारपूर्वक कारयिष्यति। चर्चात्मक तथ्य: यूयम् सन्धि: विषये किम् जानन्ति? सन्धि कति भेदा: भवन्ति? सूक्तयः किम् भवन्ति?	शिक्षण पद्धतिः श्यामपट्टे सहायतया सन्धिः विषयं कारयिष्यति। सन्धिं परिभाषा, भेदाः , उपयोगाः कारयिष्यति।	परावर्तनम् छात्राः प्राक् एव सन्धिं विषये जानन्ति। शिक्षिका इदं पाठं विस्तारपूर्वक कारयिष्यति। सूक्तयः माध्यमेन वाक्यानि प्रयोगाः कर्तुं समर्थाः भविष्यन्ति।	प्रदर्शनम् छात्राः संस्कृतभाषेसु रुचिः उत्पन्नम् भविष्यन्ति। ते वाक्यानि निर्मितः समर्थाः भविष्यन्ति। तस्मिन् शब्दकोशेषु वृद्धि भविष्यन्ति।	मूल्यांकनम् सन्धि- विच्छेदं कुरुत– रमेशः = महर्षिः = हिमालयः= परोपकारः = राजनः =	<b>गृहकार्यम्</b> सन्धिम भेदाः कथयतु उदाहरण सहितम चार्ट निर्मितं कुरुत।
<b>दिनांक: दिवस: च</b> 23 मार्गशीर्ष मासेन (इन्दूवासर:) 31 मार्गशीर्ष मास	<b>प्रकरणम्</b> व्याकरण भाग – त्रयोदश: पाठ: पत्र लेखनम् परिशिष्ट:	प्रस्तावना अस्मिन पाठे शिक्षिका छात्रान् निज विचाराः प्रकटितवान् पत्रलेखनम् विषये पाठिस्पति। छात्राः पत्रलेखनम् विषये प्राक् एव जानन्ति। शिक्षिका छात्रान् पाठे	<b>शिक्षण पद्धति</b> ः छात्राः संस्कृतभाषेसु पत्रलेखनम् विषये जानन्ति। शि्क्षिका	<b>परावर्तनम्</b> छात्राः पत्रलेखनम् विषये पाठिस्यति। ते निज् विचाराः	<b>प्रदर्शनम्</b> छात्राःसंस्कृतभाषेसु पत्रलेखने समर्थाः भविष्यन्ति। तस्मिन् संस्कृतभाषेसु रुचिः उत्पन्नम् भुविष्यन्ति। ते स्वविचारान्	<b>मूल्यांकनम्</b> निम्नलिखित शब्दरूप पूरयत– फल द्वितीया़्	<b>गृहकार्यम्</b> निज भ्रातां विवाहसमारोह अवसरे स्वमित्राणि आमन्तित कर्तुं पत्र लिखत।

क्रिस्तजयन्ती		पत्रलेखनम् विषये यूयम् किम् जानन्ति?			
मूल्य शिक्षाः		जानान्त? वयं पत्रलेखनम् कदा लेखाम्।			
मूल्य शिक्षा: छात्रेषु संस्कृतभाषेसु रुचिः उत्पन्नम् कुर्वन्	पत्रतेखनम				
	THURSDAY				

# Subject Computer

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G(Gauge the Learning)	E (Extend)
16 <sup>th</sup> December (Monday) -31 <sup>th</sup> December (Tuesday) Holidays: 25 <sup>th</sup> December (Wednesday) - Christmas Value of the month Student will learn about conditional statements in detail.	Chapter 8: Conditional Statements in Python > Introduction > Control Structures > Indentation in Python > Conditional Statements	Introduction:	Teaching Methodology Cold Calling Will ask questions based on the topic given in the schedule. Explanation & Discussion of conditional statements in python i.e(if,if-else,if-elif- else) in detail that will help student to build their logical understanding. Practical Demonstration Explanation of all conditional statements in python using python IDLE.	Reflection COURSE BOOK MCQs Short question Answer Long Question Answer Output based Correcting the code Lab time Application based Practical Learning: Write a python program that takes the name and age of the user as input and displays a message whether the user is eligible to apply for a driving license or not.(the eligible age is 18 years).	<ul> <li>Demonstration of the Acquired Skills:</li> <li>Students can apply this learning in many logical problems to get there solutions</li> <li>Students will create their own calculator using using python conditional statement.</li> <li>They can also create grading pattern based on student's percentage.</li> </ul>	Application of the learning by students https://www.yo utube.com/wat ch?v=8cAEH1i _5s0&t=177s Link is related to the installation process of python https://www.you tube.com/watch ?v=ByjgVU59p 44 Link is related to the detailed explanation of python conditional statements.	<ul> <li>Homework</li> <li>Write the code for calculator using conditional statements &amp; paste the output &amp; code in notebook.</li> </ul>

# Subject Al

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G(Gauge the Learning)	E (Extend)
2 <sup>nd</sup> December 2024 (Monday) –13 <sup>th</sup> December 2024 (Friday) Value of the month Student will learn about future of AI in detail & how AI is creating job opportunities.	Unit 4: Possibilities Chapter 5: Future of Artificial Intelligence ► Introduction ►Future Directions of AI ► Career opportunities in AI	Introduction: Introduction: Introduction: Introduction: Introduction: Introduction: Artificial Intelligence, is quickly changing the world around us. In the future, AI could help us make better decisions by analyzing huge amounts of data, create robots that assist us in tasks, and even personalize our learning experiences. New developments in AI might lead to smart cars that drive themselves, or virtual assistants that are even more helpful than today's versions. Some experts are also exploring ways for AI to help in areas like climate change, healthcare, and exploring space. The future of AI is exciting and filled with possibilities, but it's important that we use it responsibly. Learning Outcomes: Students will be able to: I learn about how AI can solve real-world problems, helping them see its impact on fields like healthcare, transportation, and the environment. Understand how AI can spark interest of technology and encourage them to explore careers in STEM fields in the future. DISCUSSION QUESTION: What is the importance of AI in Future ?	Teaching Methodology Cold Calling Will ask questions based on the topic given in the schedule. Explanation & Discussion Will explain how AI set to transform many industries, making it an exciting field with diverse career opportunities. Careers in AI range from data scientists and machine learning engineers, who create intelligent models, to robotics and NLP (natural language processing) engineers, who build smart machines and virtual assistants. AI advances, demand for professionals skilled in programming, problem-solving, and data analysis will grow, opening doors to impactful and well-paying careers in this field. The future of AI is filled with possibilities, especially for those ready to combine technology with creativity and ethical thinking.	Reflection         COURSE BOOK         • MCQs         • Fill in the blanks         • Short question         Answer         • Long Question         Answer         • Application         based         ACTIVITY         BASED         LEARNING:         Jumbled words         rearranging         activity         Based on future         development of         Al.	Demonstration of the Acquired Skills: • Students will able to think of any career opportunity based on Al • They can also able to understand how Al is impacting our future by learning the effect of Al on future.	Application of the learning by students https://www.yout ube.com/watch? v=dv9q7Ema40k &t=187s Link is related to the explanation of future of AI. https://www.youtu be.cohttps://www. youtube.com/watc h?v=g2IWpgQK_NA Link is related to the careers in Al	Homework • Write about any two career opportunitie s of AI in detail.

## **CO-SCHOLASTIC PERIODS**

# Subject- Yoga

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 <sup>nd</sup> December 2024 (Monday)	<ul> <li>Mayurasana</li> </ul>	Introduction	Teaching Methodology	Demonstration of the Acquired Skill.
31 <sup>st</sup> December 2024 (Tuesday) Holidays:		• Mayurasana, or the peacock pose, is a yoga pose that involves balancing the body on the hands while extending the legs backward. The name comes from the Sanskrit words Mayur (peacock) and asana (pose).	The teacher will begin with a brief introduction to each pose, highlighting benefits, contraindications, and modifications. He will demonstrate each asana, emphasizing proper alignment, breathing, and	After learning Mayurasana, Utkatasana, Makarasana, and Bhujangasana, students will be able to demonstrate acquired skills by executing each pose with precision, balance, and control, showcasing improved flexibility, strength, and body awareness. They will confidently modify poses to accommodate
25 <sup>th</sup> December 2024 (Wednesday) Christmas	• Utkatasana	• Utkatasana, also known as Chair Pose, is a standing yoga pose that involves bending the knees and holding a partial squat. The Sanskrit name Utkatasana translates to "powerful".	engagement. He will also encourage students to listen to their bodies, modify or rest when needed, and explore creative expressions of each pose.	individual needs, incorporate effective breathing techniques, and relax into each asana. Students will sequence poses seamlessly, understand benefits, contraindications, and safety precautions. Students' ability to create and lead short yoga sequences, participate in yoga-related projects,
Value of the week	5	• Makarasana is derived from two words - 'makar' which means crocodile in Sanskrit and 'asana' (pose). Thus it is a pose that resembles a crocodile.	• Mayurasana https://youtu.be/ASNK54226ts?si=gO OjN0_laS3Tgclr	and apply yoga principles to daily life further demonstrates their mastery of these foundational poses.
"Yoga is the journey of the self. through the self. to the self."	• Makarasana	Makarasana is very beneficial for sciatica, slip disk, stress reduction, and problems affecting the waist and knees.	• Utkatasana https://youtu.be/tEZhXr0FuAQ?si=XI3 Y4avqBW7vFIk1	
	Bhujangasana	• Bhujangasana, also known as Cobra Pose, is a yoga pose that involves reclining back-bending to stretch the spine, chest, and abdomen	<ul> <li>Makarasana</li> <li><u>https://youtu.be/tFReLsh9Z7Y?si=Mi7</u></li> <li><u>J2FCsSg2mlEOT</u></li> <li>Bhujangasana</li> </ul>	
		Learning Outcomes Student will be able to: • improve flexibility and balance. • strengthen arms, shoulders, and back muscles. • enhanced core stability and posture.	https://youtu.be/qp1jcVFbXuE?si=mBl c7WYuDljx-a8P	
		<ul> <li>increase circulation and oxygenation.</li> <li>reduce stress and anxiety.</li> <li>cultivate awareness and focus.</li> <li>develop body awareness and coordination.</li> <li>balance energy and calms the mind.</li> </ul>		
		<ul> <li>balance energy and carries the mind.</li> <li>prepares for more advanced yoga poses.</li> <li>enhance self-discipline and concentration.</li> </ul>		

## Subject- Basketball

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 <sup>nd</sup> December 2024 (Monday) – 31 <sup>st</sup> December 2024 (Tuesday) Holidays: 25 <sup>th</sup> December 2024 (Wednesday) Christmas Value of the week The greatest match a man can win is won within.	Rebound taking in basketball     FOUR KEYS TO   REBOUNDING     Inticipating   Tablectory     Inticipating   Inticipating   Inticipating   Inticipating     Inticipating <td< td=""><td>Introduction The students will be introduced to rebound taking in basketball and the importance of effective rebound taking in basketball will be emphasized. Learning Outcomes Student will be able to:    do proper positioning and footwork for rebounding.  improve strength, power, and endurance. enhance agility and quickness.  understand rebounding fundamentals (stance, positioning, timing).  read the ball's trajectory and opponent's movement.  develop skills for tipping, tapping, and securing rebounds.</td><td>Teaching Methodology         The teacher will explain the basketball rebound taking skills by demonstrating himself, emphasizing the correct form which is as follows:         Stance and Positioning:         1. Feet shoulder-width apart, toes pointed slightly outward.         2. Knees slightly bent, weight evenly distributed.         3. Back straight, core engaged.         4. Position yourself near the basket, between opponent and board.         Box-Out Technique:         1. Contact the opponent with a forearm or shoulder.         2. Seal opponent with body, keeping them away from board.         3. Keep elbows wide, hands up.         Rebounding:         1. Jump vertically, exploding upward.         2. Extend arms, hands shoulder-width apart.         3. Catch rebound with fingertips, securing ball.         4. Protect ball with body, elbows in.         Rebound taking in basketball         https://youtu.be/4_L5s2w-YNo?si         =Rv0j9Tfv_lo-tNZd         https://youtu.be/i6S0-ajbCF8?si=         9W/2ybjwlnNyeiCSZ</td><td>Demonstration of the Acquired Skills Students will be able to demonstrate acquired skills by consistently executing proper box-out technique, securing rebounds with fingertips, and protecting the ball. They will be able to showcase improved strength, power, and endurance, explosively jumping to grab rebounds in traffic and contested situations. Students will also effectively anticipate opponent movement, adjusted positioning, and communicate with teammates to secure rebounds. Their enhanced spatial awareness, timing, and footwork enabled them to outmaneuver opponents, securing crucial rebounds in pivotal game moments. Overall, students will be able to exhibit confidence, aggressiveness, and mastery of rebounding fundamentals, translating to improved team performance and success on the court.</td></td<>	Introduction The students will be introduced to rebound taking in basketball and the importance of effective rebound taking in basketball will be emphasized. Learning Outcomes Student will be able to:    do proper positioning and footwork for rebounding.  improve strength, power, and endurance. enhance agility and quickness.  understand rebounding fundamentals (stance, positioning, timing).  read the ball's trajectory and opponent's movement.  develop skills for tipping, tapping, and securing rebounds.	Teaching Methodology         The teacher will explain the basketball rebound taking skills by demonstrating himself, emphasizing the correct form which is as follows:         Stance and Positioning:         1. Feet shoulder-width apart, toes pointed slightly outward.         2. Knees slightly bent, weight evenly distributed.         3. Back straight, core engaged.         4. Position yourself near the basket, between opponent and board.         Box-Out Technique:         1. Contact the opponent with a forearm or shoulder.         2. Seal opponent with body, keeping them away from board.         3. Keep elbows wide, hands up.         Rebounding:         1. Jump vertically, exploding upward.         2. Extend arms, hands shoulder-width apart.         3. Catch rebound with fingertips, securing ball.         4. Protect ball with body, elbows in.         Rebound taking in basketball         https://youtu.be/4_L5s2w-YNo?si         =Rv0j9Tfv_lo-tNZd         https://youtu.be/i6S0-ajbCF8?si=         9W/2ybjwlnNyeiCSZ	Demonstration of the Acquired Skills Students will be able to demonstrate acquired skills by consistently executing proper box-out technique, securing rebounds with fingertips, and protecting the ball. They will be able to showcase improved strength, power, and endurance, explosively jumping to grab rebounds in traffic and contested situations. Students will also effectively anticipate opponent movement, adjusted positioning, and communicate with teammates to secure rebounds. Their enhanced spatial awareness, timing, and footwork enabled them to outmaneuver opponents, securing crucial rebounds in pivotal game moments. Overall, students will be able to exhibit confidence, aggressiveness, and mastery of rebounding fundamentals, translating to improved team performance and success on the court.

## Subject- Cricket

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 <sup>nd</sup> December 2024 (Monday) – 31 <sup>st</sup> December	Running between the wickets and ball on cone drills	Introduction The students will be introduced to the	Teaching Methodology The teacher will explain the running	Demonstration of the Acquired Skills Students will be able to demonstrate acquired
2024 (Tuesday) Holidays: 25 <sup>th</sup> December (Wednesday) Christmas		Running between the wickets and ball on cone drills in cricket. Running between the wickets and ball on cone drills are two essential training exercises in cricket, focusing on improving a player's speed, agility, and ball-handling skills. Learning Outcomes Student will be able to:	between the wickets and ball on cone drills by demonstrating the drill himself, emphasizing on proper technique for executing. <b>Start Position:</b> 1. Stand behind the popping crease. 2. Feet shoulder-width apart, knees slightly bent. 3. Body weight evenly distributed.	skills by exhibiting swift and agile movements between the wickets, showcasing improved acceleration, deceleration, and change-of-direction abilities. They will efficiently navigate turns, maintain balance and control, while keeping their eyes on the ball. Their ability to quickly change direction, speed, and agility enabled them to effectively simulate running between wickets, replicating game-like scenarios. Notably, students' running times between wickets will be
Value of the week		<ul> <li>improve acceleration and deceleration.</li> <li>enhance agility and change-of-direction ability.</li> <li>increase speed and reaction time.</li> <li>develop cricket-specific endurance.</li> <li>do effective turning and changing direction.</li> <li>improve footwork and agility around cones.</li> <li>enhance hand-eye coordination.</li> </ul>	<ul> <li>Running Technique: <ol> <li>Explosive acceleration: Push off back foot, drive forward.</li> <li>Quick turnover: Bring front foot forward, land midfoot.</li> <li>Maintain posture: Keep head up, shoulders relaxed.</li> <li>Pump arms: Keep elbows bent, hands relaxed.</li> <li>Change-of-direction: Use the inside foot to pivot.</li> </ol> </li> <li>Turning Technique: <ol> <li>Approach turn: Slow down, prepare to turn.</li> <li>Plant foot: Use the inside foot to pivot.</li> </ol> </li> <li>Rotate body: Keep shoulders aligned.</li> <li>Push off: Use your back foot to accelerate.</li> </ul>	decreased, while their accuracy in picking up and placing the ball will be increased. They will also display confidence and fluidity in their movements.
			Running between the wickets and ball on cone drills <u>https://youtu.be/o-4Kc-ECEBE?si=jmFo</u> <u>4-I-3InbVf7V</u>	

## Subject- Art and Craft

P2** December 2024 (Monday)       1. Fabric Painting       Introduction: Designing is the developing (deas, concepts, and developing (deas, concepts, and developing (deas, concepts, and softw problems, meet needs, or. Softw problems, meet needs, or. Softwap needs, cammunding and memotian software needs. Softwap need	Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
	(Monday) 31 <sup>st</sup> December 2024 (Tuesday) Holidays- 25 <sup>th</sup> December 2024 (Wednesday)- Christmas Value- Value- Usign creates culture. Culture shapes values. Values determine the	Solution   Solut	<ul> <li>process of creating and developing ideas, concepts, and solutions to</li> <li>Solve problems, meet needs, or enhance experiences.</li> <li>Learning outcomes-</li> <li>Students will be able to: <ol> <li>develop hand and finger movements, which can improve their dexterity and eye-hand coordination.</li> <li>exploration different art forms.</li> <li>improved gross and fine motor skills.</li> <li>understand collaboration art projects, teamwork, communication and cooperation.</li> <li>develop visual- spatial skills that are important for math.</li> <li>learn about design principles, color, concepts, media, and</li> </ol> </li> </ul>	The teacher will discuss the strategy of modeling and explaining a process or procedure step- by- step. She will discuss the basic principles of design, such as how to use color, contrast, balance, and proportion. (Material required-) Fabric painting 1. Book be an artist 2. Fabric colors 3. Tootbrush 4. stencils Design- decorative art 1. Book be an artist 2. Sketch pens 3. Markers 4. Stencils 5. Decorative items Folk Art and tattoo 1. Book be an artist 2. Poster colors 3. Colored sketch pens 3. Colored sketch pens 3. Sketch pens	Skills Students will be able to decorative designing elements. They will also develop a deeper understanding of their surroundings and enhance their artistic abilities. They will integrate art activities into their life through their home décor, fashion, hobbies and daily routines. They will also engaging in the competition to enhance the creative and

## Life skills

Date and Day	Торіс	Learning outcomes	Demonstration	Apply to real life
2nd December 2024 (Monday) 31st December 2024 (Tuesday) Holidays- 25th December 2024 (Wednesday) Christmas Value "The important thing is not to stop questioning. Curiosity has its own reason for existing." – Albert Einstein	Chapter 8 Teamwork Chapter 9 Spirit of enquiry	<ul> <li>Introduction https://youtu.be/K2v895MJWyY?si =siGHQlp1CgJ8DnYc The video shows a group of ants working together to carry a large piece of food. The video ends with the message that we are stronger when we work together. Learning Outcomes: Students will be able to: <ol> <li>develop collaboration skills by working effectively with others to achieve common goals.</li> <li>cultivate curiosity and critical thinking by actively asking questions and seeking answers.</li> <li>foster communication and problem-solving skills through group discussions and shared tasks. 4. strengthen the ability to explore new ideas and reflect on different perspectives within a team. </li> <li>Discussion question How can working together as a team help us solve problems and learn new things?</li> </ol></li></ul>	<ul> <li>Inquiry-Based Learning</li> <li>Collaborative Learning</li> <li>Flipped Classroom</li> <li>Debates</li> <li>Group Discussions</li> <li>Case Studies</li> </ul>	<ul> <li>Demonstration of the skills acquired</li> <li>Activity: "Team Quest: Curiosity Exploration"</li> <li>Students will form small teams and embark on a "curiosity quest," where they explore different topics or solve real-world problems. Each team will investigate their assigned topic by asking questions, gathering information, and discussing ideas. This activity emphasizes the importance of teamwork and encourages students to embrace curiosity while working together to uncover new knowledge.</li> <li>Materials Required: Research materials (books, internet access), paper, markers, and any tools needed for problem-solving (like building materials for a project, if applicable).</li> </ul>

#### Subject- Library

Date and Day	Topics	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 <sup>⊪</sup> December 2024 (Monday) – 31∗ December 2024 (Tuesday)	<b>Topic-</b> words of the day	Chapter Introduction- Students will find difficult/new words from the newspaper.The meaning of the words will be written from the dictionary/thesaurus.They will	<b>Teaching Methodology</b> The teacher will describe the value of the newspaper in life and how to use newspaper for enhancing general knowledge.To create interest in newspapers teacher will ask some questions like:	<b>Demonstration of the Acquired Skills</b> Reading skills contribute to a child's reading ability - in other words, how well they can read and understand what they're reading. There's a wide variety of reading skills that
			<ol> <li>Do you like students corner in the newspaper?</li> </ol>	

Holidays: 25 <sup>∞</sup> December (Wednesday) -	write these words with meaning in almanac.	<ul><li>2. Tell me your favourite place in newspaper.</li><li>3. What makes newspaper interesting for you?</li></ul>	children develop and work on throughout their primary education and beyond.
Christmas	Learning Outcomes-	> The Reading Method was almost totally focused on	These skills can be placed into four main categories: decoding, fluency, vocabulary, and understanding sentences.
Value of the month: "Reading is to the mind what exercise is to the body"	<ul> <li>Students will beable to:</li> <li>increased their knowledge.</li> <li>learn how to use dictionaries and other reference books</li> <li>Enhance their vocabulary.</li> </ul>	<ul> <li>students reading individually and silently. Dr West believed that this would teach students the correct form of the language, and all the subsequent knowledge they needed could be built on this structure.</li> <li>The student can use newspaper as an extension of your child text books. For example, you can select appropriate passages from the newspaper and give your child reading comprehension exercises. You can also teach grammar and do vocabulary-building exercises with her to help facilitate language development.</li> </ul>	These main reading skills make up the bulk of a child's reading ability. Overall, they aim to arm children with the skills to be able to understand the meaning of what they read. This is not only essential for their English lessons and their other school subjects, but also for all areas of life beyond their education

#### **SUGGESTIONS FOR PARENTS:**

- 1. Kindly ensure that your ward wears prescribed school uniform, I.D card, neat and tidy shoes, etc.
- 2. Please see that your ward carries books and notebooks according to the Time Table for the day.
- 3. Encourage healthy eating habits and regulate your ward's sleeping hours as at least 8 hours sleep is essential for healthy growth and development.
- 4. Expensive gadgets and articles should not be brought to school. I pods, mobile phones, expensive watches, calculators, jewellery etc. will be confiscated and disciplinary action will be taken.
- 5. In case your ward is absent, ensure that you fill the leave application record in the almanac. If the leave is more than 3 days, send the leave application the very next day and be in touch with other classmates for the work done in the class and other instructions given in the class. Also, ensure you fill the leave record in the Almanac.
- 6. Encourage your child to do self-study at home and to converse in English.
- 7. Acknowledge your ward's Almanac on a regular basis with your signature.
- 8. Continuous Assessments will take place. Make sure your ward revises the classwork.
- 9. Be in touch with the school through our website and webpage on Facebook, Instagram and Youtube with the name De Indian Public School.
- 10. Kindly ensure that your ward prepares for Cold Calling, according to the schedule.

## **EVENTS OF THE MONTH:**

- Maths Intra/Inter Class Competition will be held on December 18, 2024.
- P.T.M will be held on December 21, 2024.
- December 25, 2024 will be an off in lieu of Christmas.
- Winter Carnival will be held on December 28, 2024.

# INTRA CLASS/INTER CLASS COMPETITIONS:

Date	Day	Topic	<u>Class</u>
December 18,2024	Wednesday	Tringle Fun	VI
December 18,2024	Wednesday	Camelid's Pie	VII
December 18,2024	Wednesday	Comic Mania	VIII
December 18,2024	Wednesday	Mathematical Rap Song	IX
December 18,2024	Wednesday	Geometry in Real Life	Х

#### **SENTENCES OF THE MONTH:** Based on Proverbs

- 1. If you are too lazy to plough, don't expect a harvest.
- 2. Even a small star shines in the darkness.
- 3. Let praise come to you, don't run after it.
- 4. The face is the index of the mind.
- 5. Money spent on the mind is never spent in vain.

#### Note:

1. Parents are not allowed to take back their child on half day or short leave. If something is really important, then you are requested not to send the child to the school.

- 2. Although the school will be strict to the given planner, there might be minor changes due to unforeseen circumstances.
- 3. Parents must carry the Parent's I-card while coming to the school.
- 4. Mobile phones are prohibited in the school premises.