











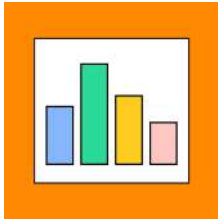

ENGAGE PLANNER
DECEMBER 2024-25
SCHOLASTIC PERIODS

Class - PLP 2




NOTE: Cold Calling will be done in all the Regular Periods.

Subject – English


Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2nd December (Monday)- 6th December (Friday) Value of the Week- 	Course Book Chapter-16 Alfred Nobel 	Introduction Video Alfred Nobel the founder of the prestigious nobel prize who made his fortune with a theory named dynamite. https://www.youtube.com/watch?v=diaUxeVsg-4 Learning outcomes Students will be able to: 1.understand the main events and storyline of the chapter. 2.learn and use new vocabulary words introduced in the chapter. Discussion Question 1.Where was Alfred Nobel born? 2.What was his father's profession? 3.Name the award started by Alfred Nobel?	Teaching Methodology Oral Drill Teacher will randomly call the students to read the chapter. Art Integration Find and write five inventions made by Alfred Nobel and paste the pictures of the same.  Materials Required 1.Crayons 2.Sketch Pens	Reflection 1.Word Meanings 2.Short answer type 3.Long answer type 4.True/False 5.Oral answer type Word Smart Identify five chemicals as cleansers and disinfectants that help to kills germs at your home.  Language Smart Circle the verbs green and adverbs red in the given sentences.	Demonstration of the Acquired Skills Teacher will discuss an experiment on how we can create fireworks in a glass by using oil, food colouring, fork, water. 	Application of the learning by students Oral Drilling Students will speak some fun facts about Alfred Nobel and how his discoveries impact us today. 	Homework Workbook Framework-2

<p>9th December (Monday)- 13th December (Friday)</p> <p>Value of the Week-</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Balance is not something you find, it's something you create.</p> <p><small>TANIA KONGKOPHON</small></p> </div>	<p>Topic Course Book Chapter-17 My Computer, My Friend</p> 	<p>Introduction</p> <p>Video A poem written by David Ronald Bruce pekrul describing the pons and cons of using computer.</p> <p>https://www.youtube.com/watch?v=h6oJZ2rDoXM</p> <p>Learning outcomes Students will be able to:</p> <ol style="list-style-type: none"> 1.understand the main events and storyline of the chapter. 2.learn and use new vocabulary words introduced in the chapter. 3.recite the poem with appropriate expressions and intonation. <p>Discussion Question</p> <ol style="list-style-type: none"> 1.Who are the two characters mentioned in the poem? 2.Where does the poet's best friend live? 3.What do they watch sitting on a couch? 4.What did they do on the second visit? 	<p>Teaching Methodology</p> <p>Oral Drill Teacher will randomly call the students to read the chapter.</p> <p>Listen-a-while</p> <p>Write-a-while</p> <p>Find out the rhyming words used in the poem and write them down in the notebook.</p>  <p>Art Integration Draw a beautiful cover page for the chapter in your notebook.</p> <p>Materials Required</p> <ol style="list-style-type: none"> 1.Crayons 2.Sketch Pens 	<p>Reflection</p> <ol style="list-style-type: none"> 1.Word Meanings 2.Short answer type 3.Long answer type 4.True/False 5.Oral answer type <p>Workbook Framework 1</p> <p>Word Smart</p> <p>Read the words related to the Internet and match them with their correct descriptions.</p> 	<p>Demonstration of the Acquired Skills</p> <p>Teacher will encourage students to study the bar graph given on page no. 157 and write a paragraph about the activities on the internet.</p> 	<p>Application of the learning by students</p> <p>Poster</p> <p>Create a poster on Cyber Safety Illustrating the ways to prevent abuse and misuse while using the Internet.</p> 	<p>Homework</p> <p>Workbook Framework-2</p>
---	--	--	---	---	--	---	---


<p>16th December (Monday)- 20th December (Friday)</p> <p>Value of the week</p> <p>Adverbs are important to modify verbs, adjectives, or other adverbs, providing more detail to actions and descriptions.</p>	<p>Topic Chapter-18 Adverbs</p> 	<p>Introduction https://www.youtube.com/watch?v=yFPS8yTS_Gw</p>  <p>Learning Outcomes Learners will be able to:</p> <ol style="list-style-type: none"> 1. understand what adverbs are and how they modify verbs, adjectives, or other adverbs. 2. learn the different types of adverbs (manner, time, place, frequency, and degree). 3. practice identifying and using adverbs in sentences. <p>Discussion Questions</p> <ol style="list-style-type: none"> 1. What is an adverb? 2. How do adverbs change the meaning of a sentence? 	<p>Teaching Methodology Audio Visual</p> <p>An adverb is used to provide more information about the verb or the action in the sentence. It also has the property of describing the adjective or another.</p> <p>https://www.youtube.com/watch?v=yFPS8yTS_Gw</p> <p>A video related to kinds of adverbs will be shown with its usage in making a sentence meaningful.</p>	<p>Reflection Book Back Exercise</p> <ol style="list-style-type: none"> 1. Fill ups 2. Tick the correct Option <p>Notebook</p> <ol style="list-style-type: none"> 1. Frame Sentences 2. Flow chart 	<p>Apply to real life</p> <p>Video: https://www.youtube.com/watch?v=ePxNKUKWNDM</p> <p>Watch the video and write a short paragraph using various adverbs of manner, time, and place.</p> 	<p>Application of the learning by students</p> <p>Find out adverbs used in the story-A Mind Game Dhruva The pole Star in Course book.</p>	<p>Homework</p> <p>Classify the adverbs in the paragraph given on page no. 77</p>
<p>23th December (Monday)- 31st December (Tuesday)</p> <p>Holiday- 25th December Christmas</p>	<p>Grammar Book Chapter-22 Punctuations</p> 	<p>Introduction</p> <p>Video https://youtu.be/Y-DTA0PeVz4?feature=shared</p> <p>Proper explanation of the topic will be given after showing the video.</p> <p>Learning outcomes Learners will be able to:</p>	<p>Teaching Methodology</p> <p>Audio Visual https://youtu.be/Y-DTA0PeVz4?feature=shared</p> <p>The teacher will introduce the use of capital letters in sentences.</p> <p>Explanatory Method</p>	<p>Reflection Book's Back Exercise</p> <ol style="list-style-type: none"> 1. Insert full stops or question marks 2. Rewrite the sentences putting the apostrophe <p>Notebook Work Students will draw a table showing</p>	<p>Demonstration of the Acquired Skills</p> <p>Let's Watch A story based on punctuation marks will be shown to students. https://youtu.be/gUwP7LvHEic?feature=shared</p>	<p>Application of the learning by students</p> <p>Punctuation Journals</p> <p>Students have to write a daily journal entry and focus on using punctuation correctly. They can peer review each other's entries for practice.</p>	<p>Homework</p> <p>Rewrite the sentences by adding suitable punctuation mark on page no.99</p>

<p>Value of the Week-</p>  <p>The only discipline that lasts is self-discipline</p> <p>BUM PHILLIPS</p>	<p>1. learn the meanings of different punctuation marks and capital letters.</p> <p>2. understand the use of different punctuation marks in sentences.</p> <p>Discussion Question</p> <p>1.Why are punctuation marks important in sentences?</p> <p>2.When do we use capital letters?</p>	<p>Teacher will explain the punctuation marks using the examples given in the chapter.</p> <p>No Slipping</p> <p>Students will go through the information given in the No slipping section to reinforce their concept.</p> <p>Table</p> <p>Students will be able to draw a table showing punctuation marks and its uses in the notebook.</p>	<p>Punctuation marks in the notebook.</p> <table><tr><th colspan="2">Punctuation Marks</th></tr><tr><td>! Exclamation</td><td>■ Full Stop</td></tr><tr><td>, Comma</td><td>? Question Mark</td></tr><tr><td>; Semi Colon</td><td>: Colon</td></tr><tr><td>/ Slash</td><td>"" Quotation Marks</td></tr><tr><td>() Round Bracket</td><td>- Dash</td></tr></table>	Punctuation Marks		! Exclamation	■ Full Stop	, Comma	? Question Mark	; Semi Colon	: Colon	/ Slash	"" Quotation Marks	() Round Bracket	- Dash		 <p>Real-Life context helps students understand the importance of punctuation in everyday reading material.</p>	
Punctuation Marks																		
! Exclamation	■ Full Stop																	
, Comma	? Question Mark																	
; Semi Colon	: Colon																	
/ Slash	"" Quotation Marks																	
() Round Bracket	- Dash																	

Subject – Hindi




दिनांक तथा दिवस	विषय/ उपविषय	शिक्षार्थी को ऊर्जावान बनाना/ सशक्तिकरण	पाठ्यसामग्री का संचालन	दीर्घकालीन स्मृति	वास्तविक जीवन अनुप्रयोग	आकलन युक्ति योजना	गतिविधियों का विस्तारीकरण
<p>2 दिसम्बर (सोमवार)- 9 दिसम्बर (सोमवार)</p> <p>मूल्य शिक्षा: विपत्ति के समय धैर्य एवं संयम से कार्य करना चाहिए।</p>	<p>पाठ-14</p> <p>बकरी और भेड़िया</p> 	<p>परिचय/ प्रस्तावना</p> <p>प्रस्तुत पाठ 'बकरी और भेड़िया' एक लोककथा है। लोककथाएँ अत्यंत प्राचीन समय से चली आ रही हैं। हर स्थान की अपनी विशेष लोककथाएँ होती हैं। प्रस्तुत पाठ भी उसी श्रेणी में आता है।</p> <p>अधिगम का उद्देश्य</p> <p>सामान्य उद्देश्य-</p> <p>(i) लोककथाएँ पढ़ने की रुचि जागृत करना। (ii) लोककथाओं से मिलने वाली शिक्षा ग्रहण करना। (iii) पाठ के श्रवण, वाचन, पठन तथा लेखन से भाषा का उचित ज्ञान प्राप्त करना।</p> <p>विशेष उद्देश्य-</p> <p>(i) लोककथा की शिक्षा को आत्मसात करना।</p>	<p>शिक्षण पद्धतियाँ</p> <p>वीडियो</p> <p>https://youtu.be/_UGDtVR5Ks8?si=bKIH0aZuFRwLq5SI</p> <p>अध्यापिका द्वारा छात्रों से पाठ का सस्वर वाचन करवाया जाएगा। उन्हें उचित आरोह-अवरोह, हाव-भाव सहित कविता पढ़ने के लिए प्रेरित किया जाएगा। इससे छात्रों की श्रवण, ग्रहण एवं वाचन क्षमता का विकास होगा।</p>	<p>परावर्तन</p> <p>पठित ज्ञान को सुदृढ़ करने के लिए अधिगम का पुनर्मूल्यांकन अति आवश्यक है।</p> <p>इसके लिए पाठ आधारित मौखिक प्रश्न पूछे जाएंगे</p> <p>(i) बकरी के बच्चे कहाँ चले गए थे? (ii) बकरी तेली के पास क्यों गई थी? (iii) बकरी रोज सुबह कहाँ जाती थी ?</p>	<p>अर्जित कौशल का प्रदर्शन</p> <p>बकरी जैसे शाकाहारी ओर भेड़िये जैसे माँसाहारी पशुओं पर चर्चा की जाएगी।</p>	<p>छात्रों द्वारा अर्जित ज्ञान का प्रयोग</p> <p>बकरी दूध देने वाली पशु है। इंटरनेट की सहायता से पता लगाओ कि बकरी का दूध किस-किस बीमारी के इलाज में काम आता है। यदि कोई प्रतिदिन बकरी का दूध पिए, तो उसके स्वास्थ्य</p>	<p>गृहकार्य</p> <p>सोनचिरैया</p> <p>पृष्ठ संख्या 126 प्रश्न 1, 2, 3 कीजिए।</p>




		<p>(ii) नए शब्दों के प्रयोग पर विशेष बल देना।</p> <p>(iii) व्याकरणिक नियमों, विशेष रूप से विलोम शब्द, लिंग, वचन, काल आदि को जानना तथा उन्हें प्रयोग में लाना।</p> <p>(iv) भाषा कौशलों का विकास करना।</p> <p>पूर्व ज्ञान पर आधारित प्रश्न-छात्रों से पूर्व ज्ञान पर आधारित प्रश्न पूछे जाएंगे; जैसे-</p> <p>(i) आपने कभी भेड़िया देखा है?</p> <p>(ii) बकरी क्या-क्या खाती है?</p> <p>(iii) भेड़िया क्या खाता है? आदि।</p>		(iv) बकरी के बच्चों के क्या नाम रखे ?		पर क्या प्रभाव पड़ेगा? (पृष्ठ संख्या-129)	
<p>10 दिसम्बर (मंगलवार)- 13 दिसम्बर (शुक्रवार)</p> <p>मूल्य शिक्षा: अपने स्वयं से परे सोचना सबसे बड़ी खुशी देता है।</p>	<p>विषय पाठ -18 पत्र लेखन (अनौपचारिक)</p> 	<p>परिचय/प्रस्तावना अधिगम का उद्देश्य सामान्य उद्देश्य:</p> <ol style="list-style-type: none"> 1 छात्रों की हिंदी विषय के प्रति रुचि उत्पन्न करना। 2. भाषा कौशलों का विकास करना। 3. बच्चों के शब्द भंडार में वृद्धि करना। 4. मानसिक क्षमता का विकास करना। <p>पूर्व ज्ञान पर आधारित प्रश्न-</p> <ol style="list-style-type: none"> 1. क्या आप पोस्ट बॉक्स के बारे में जानकारी रखते हैं? 2. जब टेलीफोन उपकरण नहीं था तब मनुष्य अपनी बात को एक दूसरे तक कैसे पहुंचाते थे? 	<p>शिक्षण पद्धतियाँ वीडियो https://youtu.be/_cqMAEgGnU?si=K2-NbF8Z1Lmz00eh व्याख्यान व उदाहरण विधि का प्रयोग करते हुए अध्यापिका द्वारा छात्रों को ज्ञान दिया जाएगा कि अनौपचारिक पत्र उन लोगों को लिखे जाते हैं जिनके साथ हमारा कोई व्यक्तिगत संबंध होता है। निजी पत्र, अपने मित्रों, सगे संबंधियों, को लिखे जाते हैं।</p>	<p>परावर्तन अधिगम का पुनर्मूल्यांकन</p> <ol style="list-style-type: none"> 1. इस पत्र को लिखने का मेरा मुख्य उद्देश्य क्या है? 2. आप यह पत्र क्यों लिख रहे हैं, और इसके माध्यम से आप क्या संदेश देना चाहते हैं? 3. इस पत्र में मैंने अपनी भावनाओं को कैसे व्यक्त किया है? 	<p>अर्जित कौशल का प्रदर्शन</p> <p>जीवन कौशल</p> <ol style="list-style-type: none"> 1. छात्र मौखिक तथा लिखित रूप में शुद्ध वाक्यों का निर्माण कर पाएंगे। 2. अपनी बात को कम शब्दों में प्रस्तुत कर सकेंगे। 	<p>छात्रों द्वारा अर्जित ज्ञान का प्रयोग</p> <p>व्यवहारिक जीवन में अनौपचारिक पत्र लिखने के लिए सक्षम होंगे।</p>	<p>गृहकार्य कक्षा में प्रथम आने की बधाई देते हुए मित्र को पत्र लिखिए।</p>
<p>16 दिसम्बर (सोमवार) - 20 दिसम्बर (शुक्रवार)</p> <p>मूल्य शिक्षा:</p> 	<p>विषय पाठ -19 कहानी लेखन</p>	<p>परिचय/प्रस्तावना अधिगम का उद्देश्य सामान्य उद्देश्य:</p> <ol style="list-style-type: none"> 1 बच्चों को कहानी लेखन के बारे में समझाना। 2. कहानी लेखन के महत्वपूर्ण तत्वों से परिचित कराना। 3. बच्चों की रचनात्मकता और भाषा कौशल का विकास करना। <p>छात्रों से पूर्व ज्ञान पर आधारित प्रश्न पूछे जाएंगे जैसे -</p> <ol style="list-style-type: none"> 1. आपको कैसी कहानी सुनना पसंद है? 	<p>शिक्षण पद्धतियाँ वीडियो प्रस्तुतीकरण के लिए क्लिक करें वीडियो https://youtu.be/BhUPh_TpdM?si=XFkHBF-wO5LfXcHq अध्यापिका द्वारा छात्रों को समझाया जाइगा कि</p> <ol style="list-style-type: none"> 1. कहानी लेखन की भाषा सरल व स्पष्ट होनी चाहिए। 	<p>परावर्तन</p> <ol style="list-style-type: none"> 1. सही विकल्प का चयन कीजिए। 2. रिक्त स्थानों की पूर्तिकीजिए 3. मौखिक प्रश्न 4. लिखित प्रश्न 	<p>अर्जित कौशल का प्रदर्शन</p> <p>अपनी स्वयं की कहानी लिखना कहानी लेखन के सिद्धांतों का पालन करते हुए छात्र अपनी कल्पनाशक्ति का उपयोग कर एक नई कहानी लिख सकते हैं। इसमें वे</p>	<p>छात्रों द्वारा अर्जित ज्ञान का प्रयोग</p> 	<p>गृहकार्य उड़ान पृष्ठ संख्या 94 प्रश्न क</p>

		2.आपकी पसंदीदा कहानी में कितने किरदार होते हैं ?	2. कहानी में छोटे छोटे वाक्यों का प्रयोग करना चाहिए। 3. कहानी लेखन में प्रसंग को संक्षिप्त में लिखना चाहिए। 4. कहानी में घटनाओं का क्रम क्रमानुसार होना चाहिए।		कथानक, पात्रों, संवाद और विषय को जोड़ते हुए एक संगठित कहानी तैयार कर सकते हैं।	ऊपर दिए गए चित्रों की सहायता से एक कहानी लिखिए अपनी उत्तर पुस्तिका में।	
23 दिसम्बर (सोमवार)- 31 दिसम्बर (मंगलवार) अवकाश - 25 दिसम्बर (बुधवार) क्रिसमस डे मूल्यशिक्षा: "शिक्षा हमें वह पंख देती है, जो हमें ऊँचाइयों तक उड़ने की क्षमता देता है।"	विषय पाठ -20 चित्र वर्णन	परिचय/प्रस्तावना अधिगम का उद्देश्य सामान्य उद्देश्य: 1. छात्र चित्रों में दिए गए विवरणों का उपयोग करके पूर्वानुमान लगाने में सक्षम होंगे। 2. छात्र वाक्य-श्रेणी को सहायता के रूप में उपयोग करते हुए वाक्य स्तर के संदर्भ में सहायक विवरणों का वर्णन करने में सक्षम होंगे। छात्रों से पूर्व ज्ञान पर आधारित प्रश्न पूछे जाएंगे - जैसे - 1.चित्र का वर्णन करते समय किन बातों का ध्यान रखना चाहिए? 2.चित्र में कौन-कौन से तत्व (जैसे लोग, वस्तुएं, प्राकृतिक दृश्य) शामिल हो सकते हैं? 3.आपने किसी चित्र को देखकर कभी कोई कहानी या विचार बनाया है?	शिक्षण पद्धतियाँ वीडियो https://youtu.be/f27ifdyZg_Lk?si=4XSwJBzqh43ObGV7 1. चित्र को दो-तीन बार ध्यान से देखना चाहिए। 2. चित्र के मूलभाव को समझने का प्रयास करना चाहिए। 3. चित्र में समाहित कथ्य का प्रारूप तैयार करना चाहिए। 4. लिखने से पूर्व विचारों को चित्र के अनुसार क्रमबद्ध कर लेना चाहिए। 5.वाक्य छोटे, सरल और विषयानुकूल होने चाहिए।	परावर्तन https://www.liveworksheets.com/w/hindi/1170822 ऊपर दिए गए लिंक के माध्यम द्वारा चित्र लेखन का अभ्यास कीजिए।	अर्जित कौशल का प्रदर्शन जीवन कौशल (1) चित्र वर्णन से वस्तुओं या दृश्यों को परखने की क्षमता का विकास होगा। (2) चित्र-वर्णन से कल्पना शक्ति का विकास। (3) चित्र-वर्णन से अपने विचारों को एक सूत्र में पिरोकर लिखने की प्रतिभा का विकास होगा। (4) भाषा लेखन का विकास होगा।	छात्रों द्वारा अर्जित ज्ञान का प्रयोग कला एकीकरण गतिविधि तथा आनंदपूर्ण अधिगम  अपनी कार्य-पुस्तिका में ऊपर दिए गए चित्र का वर्णन कीजिए।	गृहकार्य उड़ान पृष्ठ संख्या 97 प्रश्न क, ख कीजिए।




Subject – Mathematics

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2 nd December (Monday)- 17 th December (Tuesday)	Chapter 11 - Measures of Time	Introduction To start the class: Let's watch https://youtu.be/T4vH284t-U?si=Q3PXda0ySstXRS7Z	Teaching Methodology The facilitator will use the dummy clock to explain the concept of time.. Joyful Learning	Reflection COURSEBOOK ● Exercise 11A ● Exercise 11B ● Exercise 11C ● Exercise 11D ● Exercise 11E	Demonstration of the Acquired Skills Reading the table of 'Train Schedule'	Application of the learning by students Prepare a timeline of the important events that	Homework Digital Integration Find the time of different countries, when it is 12 noon in Greenwich near London.

<p>Value</p> <p>Time management is very important in one's life.</p>		<ul style="list-style-type: none"> One day = 24 hours 1 hour = 60 minutes It takes 12 hours to complete one round. Half past = 30 minutes Quarter past = 15 minutes quarter to = 45 minutes <p>Learning outcomes: Children will be able to:</p> <ul style="list-style-type: none"> read the time in minutes convert years into months convert months into day convert days into hours convert hours into minutes convert minutes into seconds add and subtract the time find the duration of time read the calendar <p>Discussion question: Q. At what time do you come to school, what is your dispersal time and how much time do you spend in the school?</p>	<p>Discuss your date of birth with your classmates and find out who is elder and who is younger</p>	<ul style="list-style-type: none"> Exercise 11F Exercise 11G Mental Math <p>WORKBOOK Chapter 11:</p> <ul style="list-style-type: none"> Framework 1 Framework 2 	<p>Children will read the arrival and departure time of a few trains. will convert them in 12 hours time. They will also find the duration of time to reach from one place to another.</p>  <p><i>(Material required: A3 size sheet and sketch pens)</i></p>	<p>happened in your life.</p>  <p>Financial Literacy Concept of savings and investments will be discussed.</p> 	<p>(Pg No. - 165)</p> <p>Research Based Find and discuss with your parents about the various investment plans for the children. How much time will it take to double the amount, if you invest?</p>
<p>18th December (Wednesday) – 31st December (Tuesday)</p> <p>Holidays: Christmas 25th December (Wednesday)</p> <p>Value of the Week-</p> <p>Decimals are very useful in real-life situations to</p>	<p>Chapter 8 – Decimals</p>	<p>Introduction To start the class:</p> <p>Let's watch https://youtu.be/9frz4ODJUc0?si=IMa2JiUhVYsXg-nv</p> <ul style="list-style-type: none"> A decimal number consists of two parts- the whole part and a decimal part. Decimal numbers can be converted into fractions and vise-versa. Decimal numbers are used to represent units of money, length and weight. 	<p>Teaching Methodology</p> <p>Teacher will introduce the topic with the help of an introductory video based on decimals.</p> <p>Video https://youtu.be/3UDQjMZNbew?si=2ov4HXSU25UPGaJh</p> <p>Hands on Learning Activity Art Integration Make a decimal place value chart of any</p>	<p>Reflection</p> <p>COURSEBOOK</p> <ul style="list-style-type: none"> Exercise 8A Exercise 8B Exercise 8C Exercise 8D Exercise 8E Mental Math <p>WORK BOOK</p> <ul style="list-style-type: none"> Framework 1 Framework 2 	<p>Demonstration of Acquired Skills</p> <p>Students will be able to use decimals everyday while dealing with money, weight,</p>	<p>Application of the learning by the students</p> <p>Addition and subtraction of Decimal Game (Pg. no. 135)</p> <p>Children will prepare the maze given in the book on an A4 size sheet. They will roll the dice and land on the position</p>	<p>Homework</p> <p>Digital Integration Visit multiple online grocery shopping websites. Compare the same items in the same quantity to compare the prices. Record the observation in a table. (Pg no. 136)</p> <p><i>(Material Required – A4 size sheet, ruler and sketch pens)</i></p>

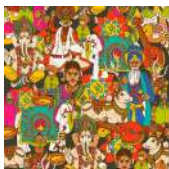

provide accurate measurement when required.		<p>To start the class: Learning outcome/s : Each child will be able to-</p> <ul style="list-style-type: none"> read and write a decimal number convert fractions into decimals and vice-versa recognise like and unlike decimals learn about comparison of decimals, their addition and subtraction. <p>Discussion Question:</p> <ul style="list-style-type: none"> Where do we see the decimals numbers in our day to day life? 	<p>number.</p>  <p>(Material Required – A4 size sheet, ruler and sketch pens)</p>		<p>length etc.</p> 	<p>as per the dice. They will perform the operation specified and record their result. The child with the maximum score will win the game.</p> 	
---	--	--	---	--	--	--	--







Subject – Science

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
<p>2nd December (Monday)- 31st December (Tuesday)</p> <p>Holiday- 25th December Christmas (Wednesday)</p> <p>Value of the week- We should save our environment!</p> 	<p>Chapter-12 Our Environment</p> 	<p>Introduction-Video Proper explanation of the chapter will be given after showing the video. https://youtu.be/qTub5_4f6v0?si=pznucw0qorwKSaU</p> <p>Learning Outcomes- The learners will be able to-</p> <ol style="list-style-type: none"> 1. understand the environment and its importance. 2. explain different types of pollution-air, water, land and noise.. 3. describe effects of pollution, such as acid rain and global warming and their prevention. 4. distinguish between biodegradable and 	<p>Teaching Methodology- The teacher will explain the solar system with the help of the given video. Audio-Visual https://youtu.be/4N1DxOWTvpM?si=5ArrwKu_C_DntioQ</p> <p>Art Integration Prepare a Blue bin and Green bin and paste it in your science notebook. <i>(Material Required- Origami sheets, Fevicol, Pencil, Scale)</i></p> <p>Art Integration Draw a poster on 4 R's on an A-4 Size sheet and</p>	<p>Reflection</p> <p>Coursebook Exercise</p> <ol style="list-style-type: none"> 1. Tick the correct answers. 2. Fill in the blanks. 3. State Whether True or False. 4. Name the following 5. Short Answer Type 6. Long Answer Type 7. High Order Thinking Skills. <p>WORKBOOK-</p>	<p>Demonstration of the Acquired Skills</p> <p>Hands on Learning Environmental pollution is a serious concern nowadays all over the world. Find out five most polluted cities of India. Also, find out and write how pollution can be controlled in your notebook.</p> 	<p>Application of the learning of students</p> <p>Oral Drill-</p> <ol style="list-style-type: none"> 1. Students will understand the effects of pollution.. 2. They will understand the prevention of pollution. 3. They know how to decompose the waste. 	<p>Homework</p> <p>Problem-Solving From the list of waste items given below, put the items which can be decomposed in the biodegradable box and rest in non-biodegradable boxes in your science book. (pg no-137)</p>

		non-biodegradable wastes and their disposal.. 5.describe how to save the environment. Discussion Question- 1. What steps can we take to save our environment? Explain.. 2. Why is pollution check mandatory for each and every vehicle?	paste in your science notebook. <i>(Material Required- A-4 Size sheet, Crayons, Pencil Fevicol, Scale)</i>	(Framework 1 and 2)			
--	--	--	---	---------------------	--	--	--




Subject – Social Science




Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
2nd December (Monday) –14th December (Friday) Value of the week – Inspiring  Value Education - Pride	Chapter- 17 Topic- Our Rich Heritage 	Introduction Video https://www.youtube.com/watch?v=GPIfFm7or30 Proper explanation of the chapter will be given after showing the video. <u>Learning Outcomes</u> Students will be able to – 1. appreciate the rich and glorious cultural heritage of our country. 2. list the languages spoken in India. 3. name the traditional dances and forms of music of India. <u>Discussion Questions</u>	Teaching Methodology Audio Visual https://www.youtube.com/watch?v=s2zzpxgM5VY Students will understand the rich heritage of our country. <u>Art Integration and Joyful learning</u> Students will draw a famous heritage sites like monuments and temples Materials Required - Pencil colours, A4 size sheet	Reflection Mind map based on languages, traditional dresses, music, art and architecture <u>Quick Zone</u> 1.Tick the correct answer 2.Fill in the blanks 3.True/False, 4.Match the column 5.Long Answer Question <u>Workbook</u> Framework 1	Demonstration of the Acquired Skills Watch Video https://www.youtube.com/watch?v=8r-vPGFnBNM Students will understand music, art, handicrafts and architecture of India. <u>Research based learning</u> Search for Hindustani music like Thumri, Khayal, Gazal, Tappa and Dhrupad. Write two	Application of the learning by students <u>Oral Drill</u> Students will know about the rich heritage of India. Students will get familiar with the languages, traditional dresses and dances of India. Value Zone Visit any World Heritage sight with your parents. During your visit you noticed some litter around and scribing on the walls	Homework Life skill Draw any 5 pictures of World Heritage sites of India and write about them in your notebook. Work book Framework 2




		1. Name the languages which are recognised by our Constitution. 2. What are the classical dance forms of India? 3. Name the three national festivals of India.			lines on each in your notebook . 	of the monument. Discuss with your friend about what could be done to educate people so that they refrain from doing so. (Give any two suggestions)	
16 th December (Monday) –31 st December (Tuesday) Holiday - 25 th December Christmas (Wednesday) Value of the week - Responsibility 	Chapter - 18 Topic Our Fundamental Rights and Duties 	Introduction <u>Video</u> https://www.youtube.com/watch?v=6QvQnQjojjA Proper explanation of the chapter will be given after showing the video. <u>Learning Outcomes</u> Students will be able to – 1. analyse the need and importance of the constitution. 2. name the members involved in the formation of the constitution. 3. identify and list the six fundamental rights. <u>Discussion Questions</u> 1. What does the constitution mean? 2. What are the six freedoms under the Right to Freedom?	Technology Methodology <u>Audio Visual</u> https://www.youtube.com/watch?v=cwAf2HxMQzc Students will understand the significance of our Fundamental Rights. <u>Subject Integration with Hindi</u> Find out what are the following terms called in Hindi 1. Constitution 2. Fundamental Rights 3. Fundamental Duties 4. Minorities 	Reflection Mind map on set of Rules - Constitution, Fundamental Rights and Fundamental Duties <u>Quick Zone</u> 1. Tick the correct answer 2. Fill in the blanks 3. True/False, 4. Match the column 5. Long Answer Question Work book Framework - 1	Demonstration of the Acquired skills <u>Video</u> https://www.youtube.com/watch?v=SeFeeayxWW8 1. Students will know about the responsibilities of a citizen. 2. Students will be able to recognise and demonstrate the fundamental duties as a good citizen. <u>Research work</u> Find out the names of those leaders who have framed the Constitution of India and write in your notebook.	Application of the learning by students <u>Oral drill</u> Students will get familiar with the directive principles of state policy. <u>Communication Zone</u> We celebrate 26 January every year as our Republic Day. Who unfurls the National Flag at Rajpath in Delhi and why? Discuss it first with your partner, then with your teacher.	Homework <u>Life skill</u> Fundamental Duties of the citizens of India will be discussed in the class. <u>Work book</u> Framework - 2

Subject – Computer

Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
--------------	--------	-----------------------	----------------------	----------------------	------------------------	------------------------	------------

<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas- 25th December (Wednesday)</p> <p>Value: We are all now connected by the internet, like neurons in a giant brain.</p>	<p>Topic: Chapter 8: Communication using internet</p> 	<p>Introduction</p> <p>Through internet communication, time and money are saved. We can now communicate with anyone around the world through emails and text messages instantly. https://youtu.be/eRj1UcRadcs?si=tqBPjbaZX0RV70GQ</p> <p>Learning outcomes:</p> <p>Students will be able to:-</p> <ol style="list-style-type: none"> 1.open Gmail. 2.create a Gmail account. 3.sending and receiving Emails. <p>Discussion Questions:</p> <ol style="list-style-type: none"> 1.What are the different ways of communication? 2.What is an Email? 3.What are the advantages of email? 4.What is an Email address? 	<p>Teaching Methodology</p> <p>Audio Visual The teacher will introduce the chapter with the help of the given video. https://youtu.be/7m94KjarueE?si=-DCqzHLJK1FytCx</p> <p>Hands on Experiential Students will draw the working of an email.</p> <p>Material required: (A4 size sheet, colors)</p> <p>Technology Integration Students will be shown through VTS to create an email account.</p> <p>Interdisciplinary integration Search for different email service providers using web browsers and search engines.</p>	<p>Reflection</p> <p>At the end of the lesson, students will be asked to reflect what they have learned</p> <ol style="list-style-type: none"> 1.Write any two email service providers. 2.Explain the parts of an email address. 3. Why do you need to type the subject while composing an email? 4.List any three email etiquettes you should follow while sending an email? <p>Extra Questions:</p> <ol style="list-style-type: none"> 1.Write down the advantages of using email. 2.Name different parts of an email. 	<p>Demonstration of the Acquired Skills</p> <p>Students will be able to :-</p> <ol style="list-style-type: none"> 1.open an email. 2.create an email account on Gmail. 3.sending and receiving an email. 	<p>Application of the learning by students</p> <p>Students will be provided opportunities to showcase their knowledge and information.</p> <p>Lab Visit:</p> <p>Students will change the different wallpaper and background colors.</p> <p>https://youtu.be/sKmPmBP-Rsc?si=3-04KHWexLALVixG</p>	<p>Homework</p> <p>Send an email to your friend describing how you have spent your winter vacations.</p> 
--	---	---	---	--	--	--	---


Date and Day	Topics	E (Energize Learners)	N (Navigate Content)	G (Generate Meaning)	A (Apply to Real Life)	G (Gauge the Learning)	E (Extend)
<p>2nd December (Monday) – 10th December (Tuesday)</p> <p>Value of the week</p> <p>Every blossom is a reminder of life's simple beauty.</p> 	<p>Exotic Plants (Pg. no: -26)</p>	<p>Introduction</p> <p>Teacher will introduce the chapter of the Exotic Plants to the students.</p> <p>Learning Outcomes:</p> <p>Students will be able to: Describe the importance of growing plants, its benefits and what are the things we get from plants.</p> <p>Discussion Questions:</p> <ol style="list-style-type: none"> 1. How exotic plants help Us improve & adapt to our surroundings ? 2. Why are plants essential for everyone ? 3. What are the different uses of Plants? 	<p>Teaching Methodology</p> <p>Class Discussions:</p> <p>Teacher will organize a discussion on the different exotic plants and its uses.</p>	<p>Reflection</p> <p>Book's Back Exercise will be completed.</p>	<p>Demonstration of the Acquired Skills</p> <p>Visual Learning:</p> <p>Teacher will show the images of various exotic plants.</p> 	<p>Application of the learning by students</p> <p>Critical Thinking:</p> <p>Students will reflect on how plants have made our lives better and why is it necessary to practise afforestation..</p>	<p>Homework</p> <p>Make a list of few exotic plants and write their benefits</p>  <p>Solve Page No. 16 (People of today)</p>
<p>11th December (Monday) – 20th December (Friday)</p> <p>Value of the week</p> <p>Appreciating Nature</p>	<p>Making Connections (Pg. no: - 62)</p>	<p>Introduction</p> <p>Teacher will introduce the topic showcasing different connections and tell the meaning of the words to the students.</p> <p>Learning Outcomes: Students will be able to:</p> <ul style="list-style-type: none"> • learn the importance of making connections • communicate with everyone without any hesitation. 	<p>Teaching Methodology</p> <p>Class Discussions:</p> <p>Teacher will discuss the significance of making connections and what are the benefits of it ?</p>	<p>Reflection</p> <p>Book's Back Exercise will be completed.</p>	<p>Demonstration of the Acquired Skills</p> <p>Visual Learning:</p> <p>Students will be asked to identify the people with connections.</p>	<p>Application of the learning by students</p> <p>Critical Thinking:</p> <p>Students will be able to reflect on why certain flowers are chosen as national symbols and discuss their significance.</p>	<p>Homework</p> <ul style="list-style-type: none"> • Complete Tricks and Tips (Pg No. - 41)

		<ul style="list-style-type: none"> improve their vocabulary <p>Discussion Questions</p> <p>What is the meaning of connection? How it will help & enhance you</p>					
23rd December (Monday) – 31st December (Tuesday) Value of the week: Creativity and Harmony	Let's make New Words (Pg. no: -63)	<p>Introduction</p> <p>Teacher will introduce the topic by telling the different (2-3-4-5 letter) words..</p> <p>Learning Outcomes: Students will be able to:</p> <ol style="list-style-type: none"> enhance their vocabulary by practising this lesson. brainstorm their mind, collect thoughts. <p>Discussion Questions:</p> <ol style="list-style-type: none"> What is the sentence structure? 	<p>Teaching Methodology</p> <p>Class Discussions:</p> <p>Teacher will discuss the different words which have the same meaning but have the same pronunciation.</p> 	<p>Reflection</p> <p>Book's Back Exercise will be completed.</p>	<p>Demonstration of the Acquired Skills</p> <p>Students will be asked to name simple musical instruments (e.g., guitar, drum).</p>	<p>Application of the learning by students</p> <p>Think-Pair-Share:</p> <p>Students will pair up and share different homophones, synonyms</p> 	<p>Homework</p> <p>Find out different (2-3-4-5 letter) words which have the same spellings but different meanings and discuss them in the class.</p> <p>Also do Inside the track (Page no. 62)</p>

Co-Scholastic

Subject – Life Skills

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2nd December (Monday) – 31st December (Tuesday) Holidays: Christmas 25th December (Wednesday)	<p>Chapter 8 NEVER GIVE UP</p> <p>Chapter 9 THANKING GOD</p>	<p>Introduction</p> <p>https://youtu.be/0XWzqUptsYU?si=2qBxTBGqXU5nizqF</p> <p>A young boy is selected to represent his school in an inter-school dance competition. Despite facing challenges in learning a difficult dance move, he perseveres with the help of his parents and a helpful online tutorial. Gatu's determination and hard work</p>	<p>Teaching methodology</p> <ul style="list-style-type: none"> Storytelling Visual Aids and Demonstrations Art and Craft-Based Learning 	<p>Demonstration of the skills acquired</p> <p>Art integration</p> <p>The "Gratitude and Perseverance Tree"</p> <ul style="list-style-type: none"> Students will work together to create a visual display of



<p>Value of the month</p> <p>"Don't watch the clock; do what it does. Keep going." – Sam Levenson</p>		<p>ultimately lead him to victory.</p> <p>Learning outcomes The students will be able to:</p> <ol style="list-style-type: none"> 1. Develop resilience and a positive mindset to face and overcome challenges. 2. Foster gratitude and an appreciation for life's blessings and opportunities. 3. Cultivate humility, perseverance, and a problem-solving attitude in daily life. 4. Encourage mindfulness and a thankful outlook, helping build inner strength and optimism. <p>Discussion question 1. How can you practice saying thank you and not giving up when things are hard?</p>	<ul style="list-style-type: none"> • Guided Group Activities 	<ul style="list-style-type: none"> • thankfulness and resilience. • Each student adds a leaf to the tree, with one side showing something they are thankful for and the other side sharing a time they didn't give up. This collaborative activity promotes teamwork, gratitude, and persistence. <p><i>(Material Required-</i></p> <p>Chart paper, pre-cut paper leaves, markers, crayons, and stickers.</p>
--	---	---	---	---

Subject – Library

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas</p> <p>25th December (Wednesday)</p> <p>Value of the month</p> <p>"There is no greater agony than bearing an untold story inside you"</p>	<p>Story Cubes</p>	<p>Introduction- Teacher will ask students to use a set of story cubes with different images on each side. Children will roll the cubes and weave a story based on the images that appear on top. This activity helps in learning story structure and boosts creative thinking.</p> <p>Learning Outcomes- Students will be able to:</p> <ul style="list-style-type: none"> • trust their own ideas and interpretations • learn how to weave a story. • Enhance their Imagination Power. 	<p>Teaching Methodology The teacher will describe that when you create a story, you can ask yourself many questions to help you develop the plot, characters, starting and ending of your story. The questions will be like:</p> <ol style="list-style-type: none"> 1. Do you like to create a story from the things around us? 2. Who is the main character of your story? 3. Tell me the title of your story. 4. What makes your story interesting? 5. How can you make your story different from others? 	<p>Demonstration of the Acquired Skills The basic bones of a story are setting, character, plot, conflict, and theme. These elements work together to create the basic structure of a story. Without any one of these components, a story will fall flat, and changing any one of these elements can dramatically affect a story's structure and impact.</p>



Subject – Music

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
--------------	-------	-------------------	----------------------	------------------------


<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas 25th December (Wednesday)</p> <p>Value of the month</p> <p>“The best way to spread Christmas cheer is singing loud for all to hear.”</p>	<p>1.Christmas carol - Joy to the World .</p>  <p>2.Sargam / Alankar</p> <ul style="list-style-type: none"> • Harmonium 	<p>Introduction Audio visual</p> <p>https://www.youtube.com/watch?v=30OaM6b48k8</p> <p>The carol "Joy to the World" is one of the most beloved Christmas carols, known for its jubilant melody and celebration of the birth of Christ. The lyrics, written by Isaac Watts in 1719, are based on Psalm 98 and convey a message of joy and hope for the world.</p> <p>https://www.youtube.com/watch?v=xwfuxO7UaeU</p> <p>Alankar in music refers to the techniques used to embellish, decorate, and enhance a melody or rhythm,</p> <p>Learning Outcomes- Students will be able to:</p> <ul style="list-style-type: none"> • learn how the song has become a key part of Christmas celebrations around the world and it's association with Christian themes of joy, peace, and salvation. • enhances the ability to maintain consistent pitch and tone quality across different notes in the octave. • will play the rhythm together, starting slowly and gradually increasing speed. Use a metronome to keep in rhythm. 	<p>Teaching Methodology</p> <p>Teacher will introduce the song's history and significance, highlighting its authorship by Isaac Watts and connection to Psalm 98. Display the lyrics and discuss the theme of joy and celebration. She will also use visual aids like pictures or videos of Christmas celebrations to create a festive atmosphere. Next, she will break down the song into smaller sections, focusing on melody, rhythm, and harmony. Use clapping or tapping to practice the rhythm, and have students repeat phrases to practice melody. She will also encourage students to create hand gestures or movements to illustrate the lyrics.</p>	<p>Demonstration of the Acquired Skills:</p> <p>Students can play "Joy to the World" during breaks or before exams to create a calming, joyful atmosphere. This can help students take a mental break and re-energize, boosting their mood and mental focus. Christmas carols will help to create a sense of joy and connection, especially when sung or celebrated as a group. Students will improve their fine motor skills, hand-eye coordination, and overall physical awareness when they Practicing sargam on harmonium.</p>
--	---	--	---	---


Subject - Art

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
--------------	-------	-------------------	----------------------	------------------------





<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas 25th December (Wednesday)</p> <p>Value of the month</p> 	 <p>Silhouette Painting (pg no- 29)</p> <p>Peacock (pg no- 30)</p> <p>Turtle (pg no- 31)</p> <p>Madhubani Art (pg no- 32)</p> <p>Kangaroo- (pg no- 33)</p>	<p>Introduction: Drawing is the act of creating images or designs using various tools and techniques.</p> <p>Learning outcomes-</p> <p>Students will be able to:</p> <ol style="list-style-type: none"> 1. develop their creativity and imagination. 2. learn new words and expand their vocabulary through craft activities. 3. recognize and count shapes, arrange art tools, and measure lengths and sizes of art materials. 4. improve fine motor skills and eye-hand coordination. 5. develop fine motor skills through cutting and painting. 	<p>Teaching Methodology-</p> <p>The teacher will demonstrate and help students to neat and appropriate creations.</p> <p>Art Education approaches:</p> <ol style="list-style-type: none"> 1. Play- Based Learning 2. Design Thinking <p>Art Integration (Material required-)</p> <p>Silhouette painting</p> <ol style="list-style-type: none"> 1. Book be an artist 2. Water colors and brushes <p>Peacock</p> <ol style="list-style-type: none"> 1. Book be an artist 2. Pencil 3. Black pen <p>Madhubani Art</p> <ol style="list-style-type: none"> 1. Book be an Artist 2. Pencil colors 3. Black pen <p>Kangaroo</p> <ol style="list-style-type: none"> 1. Book be an Artist 2. Crayons 3. Sticks 	<p>Demonstration of the Acquired Skills</p> <p>Art encourages children to think creatively, explore new ideas, and express themselves in unique ways. This helps foster their imagination and problem- solving skills. They will be able to develop motor skills, language skills, social skills, decision-making, risk-tasking, and inventiveness. They will also learn about color, layout, perspective, and balance: all techniques that are necessary in presentation artwork.</p>
---	---	--	---	---


Subject – Dance

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas 25th December (Wednesday)</p> <p>Value of the month</p>	<p>Christmas and New Year Dance</p> 	<p>Introduction : https://youtu.be/POvyiKTT0tw?si=G8XScp8rH0sOOW4X</p> <p>The above video shows the basic steps of contemporary dance.</p> <p>Learning Outcomes: Students will be able to: 1 increase flexibility and muscle strength through varied movement</p>	<p>Teaching Methodology:</p> <ol style="list-style-type: none"> 1 Teacher will teach students to understand their body's alignment, posture, and efficient movement patterns. 2. Teacher will start with teaching basic contemporary dance steps to the students. 3. Teacher will teach short movement phrases that students repeat, memorize, and modify, building both technical skill 	<p>Demonstration of the acquired skills:</p> <ol style="list-style-type: none"> 1.Students will be able to perform contemporary dance in competitions and assemblies. 2. Contemporary dance encourages individuals to explore and express their emotions, which can help them better understand and manage feelings in real life. 3. Contemporary dance teaches flexibility


<p>"PRACTICE CREATES confidence. CONFIDENCE EMPOWERS YOU."</p>	<p>Contemporary Dance</p> 	<p>techniques.</p> <p>2. build endurance and enhance coordination as contemporary dance often requires sustained movement and energy.</p> <p>3. connect with and communicate a range of emotions through movement.</p> <p>4. develop awareness of posture, alignment, and safe movement practices.</p>	<p>and memory.</p> <p>4. Teacher will make the students practice on the beats or music.</p>	<p>and openness to change, skills that are valuable in rapidly evolving environments like the workplace.</p> <p>4. Students will be able to perform Christmas Dance in various competitions and events.</p>
--	--	--	---	---

Subject – Yoga

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas</p> <p>25th December (Wednesday)</p> <p>Value of the month</p>  <p>"Yoga is the journey of the self, through the self, to the self."</p>	<ul style="list-style-type: none"> Mayurasana  <ul style="list-style-type: none"> Utkatasana  <ul style="list-style-type: none"> Makarasana  <ul style="list-style-type: none"> Bhujangasana 	<p>Introduction</p> <ul style="list-style-type: none"> Mayurasana, or the peacock pose, is a yoga pose that involves balancing the body on the hands while extending the legs backward. The name comes from the Sanskrit words Mayur (peacock) and asana (pose). Utkatasana, also known as Chair Pose, is a standing yoga pose that involves bending the knees and holding a partial squat. The Sanskrit name Utkatasana translates to "powerful". Makarasana is derived from two words - 'makar' which means crocodile in Sanskrit and 'asana' (pose). Thus it is a pose that resembles a crocodile. Makarasana is very beneficial for sciatica, slip disk, stress reduction, and problems affecting the waist and knees. Bhujangasana, also known as Cobra Pose, is a yoga pose that involves reclining back-bending to stretch the spine, chest, and abdomen 	<p>Teaching Methodology</p> <p>The teacher will begin with a brief introduction to each pose, highlighting benefits, contraindications, and modifications. He will demonstrate each asana, emphasizing proper alignment, breathing, and engagement. He will also encourage students to listen to their bodies, modify or rest when needed, and explore creative expressions of each pose.</p> <p>Link</p> <ul style="list-style-type: none"> Mayurasana https://youtu.be/ASNK54226ts?si=gOOjN0 laS3Tqclr Utkatasana https://youtu.be/tEZhXr0FuAQ?si=XI3Y4a vqBW7vFlk1 Makarasana 	<p>Demonstration of the Acquired Skill.</p> <p>After learning Mayurasana, Utkatasana, Makarasana, and Bhujangasana, students will be able to demonstrate acquired skills by executing each pose with precision, balance, and control, showcasing improved flexibility, strength, and body awareness. They will confidently modify poses to accommodate individual needs, incorporate effective breathing techniques, and relax into each asana. Students will sequence poses seamlessly, understand benefits, contraindications, and safety precautions. Students' ability to create and lead short yoga sequences,</p>


		Learning Outcomes Student will be able to: <ul style="list-style-type: none"> ● improve flexibility and balance. ● strengthen arms, shoulders, and back muscles. ● enhanced core stability and posture. ● increase circulation and oxygenation. ● reduce stress and anxiety. ● cultivate awareness and focus. ● develop body awareness and coordination. ● balance energy and calms the mind. ● prepares for more advanced yoga poses. ● enhance self-discipline and concentration. 	https://youtu.be/tFReLsh9Z7Y?si=Mt7J2FCsSg2mIEOT <ul style="list-style-type: none"> ● Bhujangasana https://youtu.be/qp1jcVFbXuE?si=mBlc7WYuDIjx-a8P	participate in yoga-related projects, and apply yoga principles to daily life further demonstrates their mastery of these foundational poses.
--	---	---	---	---


Subject – Skating

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
2 nd December (Monday) – 31 st December (Tuesday) Holidays: Christmas 25 th December (Wednesday) Value of the month “Skating is the closest thing to flying on land.”	Turns Both Sides 	Introduction The students will be introduced to the turns on both sides in Skating. Turns on both sides in skating refer to the ability to execute turns on both the left and right sides of the body while skating. Learning Outcomes Student will be able to: <ul style="list-style-type: none"> ● master turns on both sides (forward and backward) with control and balance. ● develop edge quality, agility, and flexibility. ● improve overall skating technique, including posture, alignment, and movement. ● enhance balance, coordination, and spatial awareness. ● increase speed and efficiency while turning. 	Teaching Methodology The teacher will explain the turns on both sides skills by demonstrating the steps himself, emphasizing on proper technique for executing. Crossover in skating https://youtu.be/8RzPxAuMFA M?si=BPc3sPfSXVDXsEq0 https://youtu.be/QGIZTQKO9S4?si=67SwlBczFlarzb6w	Demonstration of the Acquired Skills After learning, students will be able to demonstrate acquired skills by executing smooth, controlled turns on both the left and right sides, showcasing improved edge control, weight transfer, and rotation. Students will be able to transition confidently between forward and backward turns, maintaining balance and poise. They will be able to display enhanced spatial awareness, navigating turns with precision and ease. Their ability to adapt turns to various skating disciplines, such as figure skating, hockey, or speed skating, showcases versatility and mastery. Overall, students will exhibit increased confidence, fluidity, and control, solidifying their foundation in skating and paving the way for advanced techniques.

				
--	--	--	---	---

Subject – Basketball

Date and Day	Topic	Learning Outcomes	Demonstration Method	A (Apply to Real Life)
<p>2nd December (Monday) – 31st December (Tuesday)</p> <p>Holidays: Christmas 25th December (Wednesday)</p> <p>Value of the month</p> <p>The greatest match a man can win is won within.</p>	<p>Rebound taking in basketball</p> 	<p>Introduction</p> <p>The students will be introduced to rebound taking in basketball and the importance of effective rebound taking in basketball will be emphasized.</p> <p>Learning Outcomes</p> <p>Student will be able to:</p> <ul style="list-style-type: none"> do proper positioning and footwork for rebounding. improve strength, power, and endurance. enhance agility and quickness. understand rebounding fundamentals (stance, positioning, timing). read the ball's trajectory and opponent's movement. develop skills for tipping, tapping, and securing rebounds. 	<p>Teaching Methodology</p> <p>The teacher will explain the basketball rebound taking skills by demonstrating himself, emphasizing the correct form which is as follows:</p> <p>Stance and Positioning:</p> <ol style="list-style-type: none"> 1. Feet shoulder-width apart, toes pointed slightly outward. 2. Knees slightly bent, weight evenly distributed. 3. Back straight, core engaged. 4. Position yourself near the basket, between opponent and board. <p>Box-Out Technique:</p> <ol style="list-style-type: none"> 1. Contact the opponent with a forearm or shoulder. 2. Seal opponent with body, keeping them away from board. 3. Keep elbows wide, hands up. <p>Rebounding:</p> <ol style="list-style-type: none"> 1. Jump vertically, exploding upward. 2. Extend arms, hands shoulder-width apart. 3. Catch rebound with fingertips, securing ball. 4. Protect ball with body, elbows in. 	<p>Demonstration of the Acquired Skills</p> <p>Students will be able to demonstrate acquired skills by consistently executing proper box-out technique, securing rebounds with fingertips, and protecting the ball. They will be able to showcase improved strength, power, and endurance, explosively jumping to grab rebounds in traffic and contested situations. Students will also effectively anticipate opponent movement, adjusted positioning, and communicate with teammates to secure rebounds. Their enhanced spatial awareness, timing, and footwork enabled them to outmaneuver opponents, securing crucial rebounds in pivotal game moments. Overall, students will be able to exhibit confidence, aggressiveness, and mastery of rebounding fundamentals, translating to improved team performance and success on the court.</p>

			<p style="text-align: center;">Rebound taking in basketball</p> <p>https://youtu.be/4_L5s2w-YNo?si=Rv0j9Tfv_lo-tNZd</p> <p>▶ How To REBOUND in Basketball in Hindi ...</p>	
--	--	--	--	---

SUGGESTIONS FOR PARENTS:

1. Kindly ensure that your ward wears prescribed school uniform, I.D card, neat and tidy shoes, etc.
2. Please see that your ward carries books and notebooks according to the Time Table for the day.
3. Encourage healthy eating habits and regulate your ward's sleeping hours as at least 8 hours sleep is essential for healthy growth and development.
4. Expensive gadgets and articles should not be brought to school. I pods, mobile phones, expensive watches, calculators, jewellery etc. will be confiscated and disciplinary action will be taken.
5. In case your ward is absent, ensure that you fill the leave application record in the almanac. If the leave is more than 3 days, send the leave application the very next day and be in touch with other classmates for the work done in the class and other instructions given in the class. Also, ensure you fill the leave record in the Almanac.
6. Encourage your child to do self-study at home and to converse in English.
7. Acknowledge your ward's Almanac on a regular basis with your signature.
8. Continuous Assessments will take place. Make sure your ward revises the classwork.
9. Be in touch with the school through our website and webpage on Facebook, Instagram and Youtube with the name De Indian Public School.
10. Kindly ensure that your ward prepares for cold calling, according to the schedule.

EVENTS OF THE MONTH:

- Sports Day will be celebrated on December 14, 2024.
- Winter Carnival will be celebrated on December 28, 2024.
- December 25, 2024 will be off in lieu of Christmas.
- PTM will be conducted on December 21, 2024.

INTRA/INTER CLASS COMPETITIONS:

<u>Date</u>	<u>Day</u>	<u>Topic</u>	<u>Class</u>
December 18, 2024	Wednesday	Tang-Safari	PLP 1 (III)
December 18, 2024	Wednesday	Creativity is Magical- Coaster Making	PLP 2 (IV)
December 18, 2024	Wednesday	Geometrical Fun	PLP 3 (V)

IDIOMS OF THE MONTH:

- **"Lend a helping hand" (help someone in need)**
- **"Give from the heart" (give generously)**
- **"Do a good turn" (help someone without expecting anything in return)**
- **"Spread the love" (show kindness and generosity)**
- **"Pay it forward" (help someone, expecting them to help others)**
- **"Beam with joy" (show great happiness)**
- **"On top of the world" (feel extremely happy)**
- **"Walking on air" (feel extremely happy and excited)**
- **"A ray of sunshine" (bring happiness to others)**
- **"Grin from ear to ear" (smile widely, showing happiness)**

- Note:**
1. Parents are not allowed to take back their child on half day or short leave. If something is really important, then you are requested not to send the child to the school.
 2. Although the school will be strict to the given planner, there might be minor changes due to unforeseen circumstances.
 3. Parents must carry the Parent's I-card while coming to the school.
 4. Mobile phones are prohibited in the school premises.
 5. The planning mentioned in the Engage Plan is tentative and can vary depending upon unavoidable circumstances.